



# Rancho Los Amigos National Rehabilitation Center

## OUTPATIENT SERVICES: MOBILE CLINIC

### POLICY AND PROCEDURE

**SUBJECT:** Clinical Pharmacy Services

**Policy No.:** 200  
**Supersedes:** NEW  
**Revision Date:** February 1, 2022  
**Page:** 1 of 2

#### **PURPOSE:**

This document defines the roles and responsibilities of clinical pharmacists in Housing for Health Mobile Clinics.

#### **PROCEDURE:**

##### A. Hours

Clinical pharmacy services for Mobile Clinic are available Mondays through Fridays from 8AM to 4:30 PM with the exception of County holidays. Urgent referrals made outside of these hours or in the absence of clinical pharmacists will be addressed by clinical coverage arranged by the Mobile Clinic.

##### B. Training

Clinical pharmacists will complete training requirements relevant for pharmacists to provide services at the mobile clinic.

##### C. Clinical Pharmacy Services

Clinical pharmacists will provide services correlating with current DHS-Approved Collaborative Practice Agreement that are relevant for each patient case.

Examples include:

- a. Provide medication management to improve clinical outcomes and address side effects; this includes starting, adjusting doses, or discontinuing medications as needed.
- b. Educate patient on medications and relevant lifestyle modifications.
- c. Complete medication reconciliation.
- d. Order labs and tests relevant to medication treatment.
- e. Perform assessments relevant to medication treatment.

##### D. Referrals for Services

- a. Providers may refer DHS patients  $\geq$  18 years old to clinical pharmacists to improve patient outcomes. See Attachment for examples of patients who are appropriate for referral.
- b. Referrals should be made through warm hand-off to clinical pharmacists whenever possible. At minimum, providers will communicate chief reason for referral to clinical pharmacists.
- c. Providers making the referral is responsible for patient's treatment until the patient is seen by the clinical pharmacist.
- d. For referrals involving medication management, clinical pharmacists will discharge patients to clinic providers once patients achieve treatment goals for referred condition.

EFFECTIVE DATE:

COUNTY OF LOS ANGELES • DEPARTMENT OF HEALTH SERVICES

APPROVED BY:

3/1/22  
Ben Davis

**E. Other Responsibilities**

Clinical pharmacists will advise other Mobile Clinic staff on following DHS Policy 329.023 for procurement, dispensing, and managing of medication inventory. Clinical pharmacists shall only dispense medications and complete related documentation when serving as the provider for a patient.

**Attachment:**

**Examples of patient cases appropriate for referral include but not limited to:**

1. Type 2 diabetes with A1c >10%
2. Uncontrolled hypertension on >3 antihypertensive agents
3. Substance use disorders (e.g. opioid use disorder, alcohol use disorder, tobacco use disorder) with interest in maintenance treatment
4. Treatment-resistant major depressive disorder or anxiety disorder (e.g. generalized anxiety disorder, social anxiety disorder, panic disorder)
5. Pharmacologic treatment for serious and persistent mental illness (e.g. schizophrenia, bipolar disorder)
6. Polypharmacy with  $\geq 5$  medications
7. At high risk of medication-related adverse event during transition between care settings