

POLICY AND PROCEDURE MANUAL
PHARMACY SERVICES

CODE: 1.19.0
DATE: 11/2/93,4/26/16
REVISED: 4/19/22
MEC APPROVED: 2/25/09,6/22/16
APPROVED: Thinh Tran, Pharm. D.
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SECTION: **DEPARTMENT OF PHARMACY**
SUBJECT: **PATIENT FOOD AND DRUG INTERACTIONS**

POLICY

The assessment and education of inpatients regarding food and drug interactions is an integral part of the total nutritional care rendered.

PROCEDURES

Clinical Nutrition

1. The following drugs have been determined by the Pharmacy and Therapeutics Committee to require patient/family education regarding potential food-drug interactions:
 - a. fluoroquinolones/fluoronaphthyridones
 - b. nimodipine
 - c. nifedipine
 - d. warfarin
 - e. amiodarone
2. Pharmacy will provide a list of patients receiving any of the above medications to Clinical Nutrition by the electronic health record. Patients are also identified by Clinical Nutrition through the assessment/re-assessment process.
3. Patients receiving medications listed above are instructed as to the potential food-drug interactions. Instruction is completed by Clinical Nutrition, and is documented on the Clinical Nutrition Education Note. Written material(s) approved by the Pharmacy and Therapeutics Food-drug Interaction Subcommittee are given to the patient by the Clinical Nutrition staff as appropriate.

Pharmacy

Clinical Pharmacy will instruct inpatients on warfarin on potential food-drug interactions and document in the patient's electronic health record.

Nursing

Nursing reinforces patient/family education on potential food-drug interactions. Instruction is documented on the Nursing Patient Education Record.

Reviewed: 4/28/14bj, 10/1/15bj, 4/19/2022 TT

Approved By: 

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Physician

The physician has the ultimate responsibility to instruct patients regarding potential food-drug interactions for the discharge medications which they have prescribed. Instruction is documented in the Discharge Summary.