



Rancho Los Amigos National Rehabilitation Center PHYSICAL THERAPY DEPARTMENT POLICY AND PROCEDURE

THERAPEUTIC PASSES AND OUTINGS

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PURPOSE: Therapeutic passes are day/overnight passes or outings taken by patients to locations outside the hospital for the purpose of continuing the rehabilitation process. Therapeutic passes for day or overnight are rare now due to limitations in third party payors. An alternate practice option is use of the overnight apartment within JPI for family and patients to practice skills prior to discharge.

Passes and outings are intended to prepare the patient for discharge and support the transition to home or designated discharge location. Passes provide a learning opportunity for the patient and family to practice rehabilitation skills and knowledge in a non-hospital setting and to identify appropriateness of the discharge setting. It also allows the patient and interprofessional team to establish goals for the remainder of the patient's rehabilitation program. Therapeutic outings include therapy personnel accompanying the patient on the therapeutic activity into a non-hospital setting.

POLICY: Physical Therapy supports the concept of therapeutic passes and outings and encourages patients to utilize them when indicated to facilitate their transition to home and the community. Unit and service policies and procedures should be followed to determine patients' eligibility for a pass or outing, the number of passes allowed, and to understand how eligibility is determined.

Refer to Administrative Policy # B827 and B827.1


Director, Physical Therapy Department