

# JUVENILE COURT HEALTH SERVICES

		Page 1	Of 1
Subject: <b>RESTRAINTS</b>		Original Issue Date: 11/01/93	Policy # <b>C-116</b>
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Departments Consulted:  Probation Department  Department of Nursing	Approved By:  (Signature on File) Health Services Administrator  (Signature on File) Nursing Director	Approved by:  (Signature on File) Medical Director	

## PURPOSE

To describe the role of JCHS staff for those youth who are placed in restraints.

## POLICY

JCHS personnel do not order clinical restraints or seclusions for youth. JCHS monitors health status of any youth placed in custody-ordered restraints.

## PROCEDURE

- Probation applies restraints adhering to their protocols as stated in the Probation Department Detention and Residential Services Manuals. Probation will notify Nursing if any youth is placed in restraints.
- Medical assessment of the youth in restraints will occur during the first 30 minutes. This needs to be done within the medical unit to allow for an appropriate assessment. If restraint of the youth continues after the 30 minutes, medical assessments will continue every 15 minutes until the restraints are removed.
- The nurse documents in the electronic medical record that the restraints were checked and notes the youth's physical condition (airway obstruction, circulation, neurological deficit, behavior and mental status, etc.).
- If staff members note what they consider to be inappropriate use of restraints, they shall communicate immediately to their supervisor.
- If there is a change in health status, nursing will notify a JCHS or JJMHP physician and Probation.

## AUTHORITY

California Code of Regulations, Title 15, Article 5, Section 1358

## REFERENCE

NCCHC Standard Y-I-01  
Nursing Procedure 036

## REVIEW DATES

July 27, 2012; March 15, 2013; April 26, 2018; May 18, 2021

**DISTRIBUTION: Juvenile Court Health Services Policy and Procedure Manual**