

## Rancho Los Amigos National Rehabilitation Center PHYSICAL THERAPY DEPARTMENT POLICY AND PROCEDURE

Aquatic Therapy Program Policy No.: 215

Staff Orientation Revised November 2021
Staff Orientation Supersedes: November 2017

Page: 1 of 1

## **PURPOSE:**

Purpose of this policy is to identify requirements for physical therapy staff providing aquatic therapy.

## **POLICY:**

The following trainings are required of physical therapists and physical therapy assistants delivering aquatic therapy:

- 1. All aquatic therapy staff will complete a 3-hour Basic Water Rescue class through training by a certified instructor (e.g. Streamline Health) prior to providing aquatic therapy services.
- 2. Staff that have not completed Basic Water Rescue class will be trained in the Basic Water Rescue by a person who successfully completed the course.
- 3. All aquatic therapy staff will complete area specific competency and equipment competency pool training.
- 4. All aquatic therapy staff will complete specific clinical aquatic physical therapy clinical competency training.
- 5. All staff providing pool maintenance will complete specific pool maintenance competency training.

All staff competency forms will be maintained in the Physical Therapy Department's SharePoint and tracked through the Physical Therapy Administrative competency and education tracking mechanism.

Director, Physical Therapy Department