#### NURSING CLINICAL STANDARD

# **ARTERIAL LINE - ICU**

PURPOSE:

To outline the management of the patient with an arterial line.

SUPPORTIVE DATA:

Arterial lines (A-lines) are used for invasive arterial blood pressure monitoring or frequent blood sampling. A-lines are not to be used to administer medications (except for umbilical arterial lines [UAL] in the NICU).

The use of heparin in the flush system requires a provider's order.

Note: Heparin is not routinely utilized.

ASSESSMENT:

- 1. Monitor arterial pressure and waveform continuously.
- 2. Obtain A-line pressure within 1 hour of assuming care and a minimum of every 2 hours in stable patients and more frequently if unstable.
- 3. Assess the following every 2 hours (every hour Peds, NICU):
  - Waveform
  - Skin color of the extremity distal to the catheter site
  - Site
    - Signs of infection (warmth/redness/swelling)
    - Dressing dry and intact (tape bridge for UAL in NICU)
    - Hematoma/excessive bleeding/leaking
- 4. Assess the circulatory status of the extremity distal to the catheter site a minimum of every 4 hours (every hour in the NICU/PICU) for the following:
  - Skin temperature
  - Capillary refill and collateral/distal pulses
  - Sensation and movement
  - Edema
- 5. Level and zero transducer to phlebostatic axis (located at fourth intercostal space at the mid-anterior-posterior diameter of chest wall):
  - Upon assuming care and a minimum of every 12 hours
  - With every change in position (re-level only)
  - To verify accuracy of any questionable values
- 6. Perform square wave test (not done in NICU):
  - After line zeroed
  - Upon assuming care
  - A minimum of every 12 hours
  - With any questionable values
- 7. Release pressure from pressure bag and assess type and amount of fluid in flush bag at the beginning of the shift.
- 8. Assess for signs of infection with every dressing change.

**MAINTENANCE** 

- 9. Maintain pressure bag at 300 mmHg (NICU uses the syringe pump with GuardRails<sup>TM</sup> [smart pump capability]).
- 10. Ensure normal saline flush bag has sufficient amount to maintain a good waveform and perform a square wave test. NICU: Use heparin 0.5 units/mL normal saline as ordered.
- 11. Change as follows:
  - Flush solution every 96 hours (4 days), with catheter change, and as necessary (NICU every 24 hours)
  - Pressure tubing and transducer every 96 hours (4 days) and with catheter change (NICU every 24 hours)
  - Dressing (Adults/Peds)
    - Use chlorhexidine gluconate (CHG) infused dressing such as Biopatch<sup>TM</sup>
    - Gauze (if placed) change every 24 hours and PRN
    - Transparent dressing every 7 days

- PRN damp, loosened, or visibly soiled
- Clean site with Chloraprep<sup>TM</sup> during dressing change (use povidone-iodine if Chloraprep<sup>TM</sup> is contraindicated, e.g. patient is allergic)
- Dressing (NICU)
  - PRN damp, loosened, or visibly soiled
  - Infants < or equal to 28 weeks gestation, use Povidone-Iodine swabsticks then wipe with normal saline wipes
  - Infants > 28 weeks gestation, use chlorhexidine then wipe with normal saline wipes
- 12. Use Normal Saline for flush solution. (Use appropriate pressure bags for 500mL or 1000mL NS volumes except NICU).
- 13. Scrub blood access port with Chloraprep<sup>TM</sup> (scrub 15-30 seconds, allow to dry 15 seconds) prior to blood withdrawal.

### SAFETY:

- 14. Verify the following:
  - Alarms are on and parameters set
  - Catheter and tubing connections are secure
  - All ports are covered with non-vented caps
- 15. Stabilize site with armboard as needed (careful not to tape to create a tourniquet effect)
- 16. Maintain flush at all times
  - **DO NOT** cap/heplock arterial line, even for transport
- 17. Do not place blood pressure cuff on extremity with arterial line.

# **BLOOD** WITHDRAWAL

- 18. Aspirate appropriate blood volume for specimen requested (see attached for pediatrics/NICU)
  - Use adult in-line reservoir system for patients over 14 years old and greater than 40 kg. Do not use for smaller and younger patients.
- 19. Reinject all blood and solution aspirated to clear line:
  - PICU
  - NICU (UAL only)
  - Units using closed, in-line reservoir system
- 20. Flush system after all blood withdrawal to clear line.

# ARTERIAL LINE REMOVAL

- 21. Apply firm, manual pressure to site a minimum of 5 minutes (10 minutes for anticoagulated patients) or until hemostasis is obtained upon removal arterial line (as ordered).
- 22. Apply pressure dressing to site and re-evaluate site within 2 hours.
- 23. Assess for change in pulse quality, skin color, and temperature, immediately following removal of A-line and a minimum of every 4 hours.

# REPORTABLE **CONDITIONS**

- 24. Notify the provider for:
  - Non-functional A-line (e.g. inability to draw blood, inability to obtain appropriate waveform)
  - Diminished/loss of collateral/distal pulse of cannulated extremity
  - Cool skin/skin color change (e.g. mottling)/ decreased capillary refill to cannulated extremity
  - Edema
  - Hematoma/excessive bleeding/leaking at site
  - Signs of infection

# PATIENT/ **CAREGIVER EDUCATION**

- 25. Explain purpose of A-line and need for frequent monitoring
- 26. Inform nurse; for bleeding at site, complaint of pain

# ADDITIONAL STANDARDS:

27. Refer to the Restraints Standard as needed.

- DOCUMENTATION: 28. Document in accordance with documentation standards.
  - 29. Document in Orchid; iView, Lines & Devices Navigator Band and a dynamic group label accordingly

Initial date approved: 1996	Reviewed and approved by: Professional Practice Committee Critical Care Committee Nurse Executive Committee Attending Staff Association Executive Committee	Revision Date: 96, 97, 00, 02, 08/03, 03/05;07/06, 04/12, 04/15, 11/18, 4/22
-----------------------------	---	--

# **REFERENCES:**

Consult: LAC+USC Medical Center Infection Prevention and Control

Centers for Disease Control (2011). Guidelines for the Prevention of Intravascular Catheter-Related Infections, 2011 Retrieved October 27, 2021 from <a href="https://www.cdc.gov">www.cdc.gov</a>

Crumlett, H., & Johnson, A. (2017). Arterial catheter insertion (assist), care and removal. In Wiegand, D. L. (Ed.), AACN Procedure Manual for Critical Care, 7th Ed. St Louis: El Sevier

Crumlett, H., & Johnson, A. (2017). Blood Sampling from an Arterial Catheter. In Wiegand, D. L. (Ed.), AACN Procedure Manual for Critical Care, 7th Ed. St Louis: El Sevier

# Blood Specimens for Pediatric Tests (Reinject all blood aspirated for clearing line)

Laboratory Test	Container	Required Blood Volume	Special Instructions
Arterial/Venous Blood Gas	Blood gas sampler kit	0.3 mL (minimum) – must choose between Blood Gas & Chem or CoOx (indicate priority) 0.5 mL – Full Panel	
Blood Cultures	Aerobic culture (Pink Peds BD Bactec bottle)	1 mL/bottle (max – 3 mL/bottle)	
	Isolator Pediatric Tube for Mycology and/or Mycobacteriology	1 mL (min and max)	
СВС	Lavender capped microtainer tube	1 microtainer filled up to 500 line	500 line = 0.5 mL Perform 8 tube inversions
Chemistry Panel/ PICU Panel	Yellow capped microtainer with gel	2 microtainers filled up to the 600 line	600 line = 0.6 mL Perform 5 tube inversions
Drug Levels	Yellow capped microtainer with gel	1 microtainer filled up to the 600 line	Perform 5 tube inversions
PT/PTT or coagulation	Pediatric Blue capped Tubes: (Sarstedt coag microtubes) Fill 1.3mL, 1.8mL, or 2.7mL NICU: Sarstedt 1.3mL sodium citrated tubes	Full tube Full tube	Per Utilize "dummy" tube first to assure tube fills completely Perform 5x tube inversions
STAT Lytes	Yellow capped microtainer with gel	1 microtainer filled up to the 600 line	Yellow capped microtainer with gel
Type and Cross	Pediatric – Pink capped tube Neonates – pink or lavender capped microtainer	3 to 4 mL 1 microtainer filled up to the 500 line	