



Rancho Los Amigos National Rehabilitation Center PHYSICAL THERAPY DEPARTMENT POLICY AND PROCEDURE

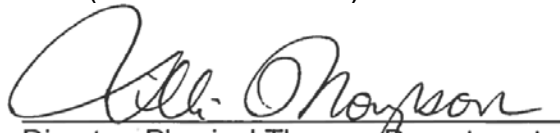
PATIENT EDUCATION

Policy No.: 402
Revised: September 2021
Supersedes: July 2018
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PURPOSE: To identify the Physical Therapy Department's philosophy related to patient, family or other care provider education. Refer to the Administrative Policy and Procedure #B832 on "Patient, Family, and/or Significant Other Education".

POLICY: The Physical Therapy Department is committed to recognizing and supporting education of patients, families, significant others and care providers as detailed in the Medical Center's Administrative Policy and Procedure #B832.

Patient education activities for individual patients and their families or planned care providers by members of the Physical Therapy Department emanate from an assessment of each patient's educational and clinical needs and a philosophy of patient-centered care. These philosophies include optimizing patient and family participation in decision-making and training, and promoting self-efficacy with management practices. Patient education activities are embedded in everyday care and may include accessing information about patient diagnoses, prognoses, equipment, therapeutic and health promoting exercise, support services and resources for patients' medical conditions. Education will be delivered in modes to optimize effective understanding and use of the information. These modes may include verbal discussions, active demonstrations, active problem-solving, group and peer sharing, written formats, video/picture or audio options or online information. In addition to utilizing facility-provided resources such as online exercise/activity software (licensed exercise prescription software) via the Rancho intranet and network. Clinicians may also search for specific educational material on the internet and must verify the content accuracy and relevance to the patient needs. A number of documents are available in English and Spanish for education purposes within RTD and RLA. Clinicians may utilize the language translation services of the Language and Cultural Resource Center at Rancho to ensure written information is provided in the learner's preferred language. A collection of Rancho-authored materials is also available in print form in relevant clinical areas (see Attachment A).



Director, Physical Therapy Department