



Rancho Los Amigos National Rehabilitation Center PHYSICAL THERAPY DEPARTMENT POLICY AND PROCEDURE

PROCEDURE FOR MAINTAINING CONTINUOUS PASSIVE MOTION (CPM) MACHINE

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PURPOSE: To describe the maintenance of the CPM machine that are used in PT for education purposes only. The CPM in the PT department is not applied to a patient for use. It is an education tool for those patients that are receiving a CPM at home ordered by the Case Manager.

I. PRIOR TO FIRST USE

- A. Ensure that the Bio-med sticker is current. If not current do not use and contact the Facilities Management/Bio-med Department.
- B. Check the power on/off switch and be sure it is in the “off” position.
- C. Check the cords and plugs to be certain they are in good repair.
- D. Using the hand control, check for accuracy of range of motion and speed of operation.
- E. Using the patient control button, check the unit for accuracy of range of motion setting.
- F. Wipe the metal and plastic surfaces of the CPM unit with a hospital approved disinfectant cloth.
- G. Be sure the unit has clean CPM pads including: thigh section, calf cradle and boot.
- H. If a defect is identified, do not use the equipment. “Red Tag” the equipment and report the problem to the supervisor so appropriate steps can be taken to repair the equipment.

II. AFTER DEMONSTRATION USE

- A. Wipe the metal and plastic surfaces of the CPM unit with a hospital approved disinfectant cloth.
- B. Return the unit to the storage area and cover with a sheet or towel.
- C. New CPM pads are available in pool stock, and are ordered on **occupational/physical therapy patient equipment request** form if required.
- D. The CPM is not applied to a patient. It is used for demonstration/education for those patients that will receive a CPM for home use via Case Management.


Director, Physical Therapy Department

