

POLICY AND PROCEDURE MANUAL PHARMACY SERVICES		CODE: DATE:	3.36.0 1/24/12
		REVISED :	4/19/22
SECTION:	INPATIENT PHARMACY	APPROVED:	Thinh Tran, Pharm.D
		MEC APPROVED:	2/22/12, 5/13/15
SUBJECT:	ANTIMICROBIAL STEWARDSHIP		
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Purpose:

- 1. To provide guidelines for establishing and maintaining an effective multi-disciplinary Antimicrobial Stewardship Program; which can effectively decrease patient morbidity and mortality via evidence-based utilization of antimicrobial agents in hospitalized patients.
- 2. To reduce the risk of health-care associated infections per: **NPSG-07.03.01**: "Implement evidence-based practices to prevent health care–associated infections due to multidrug-resistant organisms in acute care hospitals; focusing on methicillin-resistant Staphylococcus aureus (MRSA), Clostridium difficile-associated disease (CDAD), vancomycin-resistant Enterococci (VRE), and multidrug-resistant gram negative organism (MDROs)."
- 3. To establish compliance with current and future laws including **California SB-158 Section 6 (3),** which requires "...that general acute care hospitals develop a process for evaluating the judicious use of antimicrobials, the results of which shall be monitored jointly by appropriate representatives and committees involved in quality improvement."
- 4. To meet the **Infectious Disease Society of America Guidelines**, which state: "*The* combination of an effective antimicrobial stewardship with a comprehensive infection control program has been shown to limit the emergence and transmission of antimicrobial-resistant pathogens. A Secondary goal of antimicrobial stewardship is to reduce healthcare costs, without adversely impacting the quality of care."

Intended Outcome:

- 1. Improve the appropriate use of antimicrobials.
- 2. Reduce health-care costs without adversely impacting quality of care.
- 3. Optimize patient safety.

Key Personnel/Departments/Committees:

- 1. Infectious Diseases (ID) Physician
- 2. Critical Care Physician
- 3. Pharmacy
- 4. Nursing
- 5. Infection Control
- 6. Microbiology/Pathology
- 7. Hospital Infection Control Committee

Reviewed: 4/8/16bj, 8/8/2018bdk, 4/19/2022 TT Approved By: Ber Bul



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- 8. Pharmacy and Therapeutics (P&T) Committee
- 9. Quality, Risk, Safety (QRS)Committee

Policy:

Antimicrobial Stewardship Program is a subcommittee of the P&T Committee and will utilize a multidisciplinary, programmatic, prospective, interventional approach to optimizing the use of antimicrobial agents prescribed for patients treated at Rancho Los Amigos National Rehabilitation Center. In concert with the Infection Disease, Infection Control, Nursing, and the Clinical Pharmacy staff, will provide ongoing review of ordered therapeutic regimens and recommendations to prescribers, to achieve the following goals:

- 1. Improve the appropriate use of antimicrobials
 - a. Reduce excessive broad spectrum antimicrobial use
 - b. Reduce excessive duration of antimicrobial use
 - c. Adjust empiric antimicrobial coverage based on local resistance patterns
 - d. Limit the emergence and transmission of antimicrobial resistant bacteria.
- 2. Optimize patient safety
 - a. Minimize exposure to unnecessary antimicrobials
 - b. Reduce and/or eliminate redundant antimicrobial therapy
 - c. Streamline and de-escalate antimicrobial therapy when appropriate
 - d. Address drug-drug interactions with antimicrobials
 - e. Reduce adverse drug events (ADEs) related to antimicrobial therapy.
- 3. Promote cost containment
 - a. Discontinue and/or de-escalate antimicrobial therapy based on clinical and microbiologic grounds as soon as it is appropriate.
 - b. Transition to oral formulations or more cost-effective alternatives when clinically appropriate.

Procedure:

- 1. <u>Appropriate selection of antimicrobials based on currently available data</u>
 - a. Utilize local resistance patterns (e.g. antibiogram and other available data)
 - b. Evaluation of adherence to current available guidelines
 - c. Monitoring for appropriate use of surgical prophylaxis
 - d. Periodic review to evaluate adherence to the above
 - e. Utilize laboratory culture and sensitivity results.



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2.	Antimicrobial agent restriction			
	 a. Antimicrobials that require Infectious Dise Amp/Sulbactam, Daptomycin, Linezo (see Appendix 3.36.5 RLA Antibiotic Specific antimicrobials with signification in the second seco	ases approval blid, Meropenem, Pip Pocket Guide) nt risk of toxicity or p microbial Stewardshi	/Tazo, Vancomycin potential for ip Committee	
	b. Prospective Review			
	Restricted antibiotics are reported to I	nfectious Disease tea	am multiple times a	
	week to evaluate the clinical need for	use in our clinical po	opulation	
3.	Dose optimization of antimicrobial agents a. Clinical Pharmacy, by protocol, is involved aminoglycosides and includes dosing and Pharmacy also reviews antimicrobial order antimicrobials in general.	d in dose optimization monitoring of these a rs for dosing appropr	n of vancomycin and agents by consult. iateness of	
4.	Clinical Interventions and review by Antibiot	tic Stewardship Team	<u>n (AST)</u>	
	a. Therapeutic substitutions in discussion with primary provider.			
b. Monitor on a regular schedule				
	• Review of clinical data and available	laboratory data		
	• Therapy review discussion with p	rescribing provider		
	• Adjustment of duration to limit co	ourse of antimicrobial	ls	
	c. Automatic IV-to-PO conversion per pharm	acy protocol		
	d. Review of surgical care antibiotics (QIP) n Improvement	netrics in conjunctior	n with Quality	
	 Appropriate selection of antibiotic for Appropriate antibiotic administration Automatic discontinuation of surgical Appropriate length of antibiotic therage. Review of patients on multiple antimicrobic 	surgical prophylaxis time for surgical pro prophylaxis (24 or 4 py. al therapy.	s per protocol. phylaxis per protocol. 8 hours) per protocol.	
	f. Review of all long-term antibiotic regimen	for appropriateness.		
	g. Implement antibiotic 48 hours time out. Pr	oviders to evaluate a	nd document	
	appropriateness of antibiotic and make chang	es based upon availa	ble clinical data.	
5.	Education and feedback			
	a. Direct feedback to providers			
	b. Development of core items to improve pro	vider prescribing hab	oits	
	c. CME on antimicrobials and common infectmembers.	ction syndromes to up	pdate and educate staff	
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- 6. <u>Management of providers who repeatedly fail AST recommendations</u> a. Collaborative attempts to discuss with prescribers directly



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- All recommendations will be communicated with the provider either via direct communication, electronic medical record, text pages, or phone call
- If recommendations are not acknowledged, direct contact to provider will be made so they are aware of the recommendations and to explain the purpose of the AST
- b. Repeated failure to implement recommendations will result in the following possible actions:
 - In cases in which either prescribing patterns or prescribing in an individual case is inconsistent with recommendations by the AST, despite the above steps being taken, , the Antimicrobial Stewardship Director will bring the matter to the attention of the providers division chief or department chair.