

**RANCHO LOS AMIGOS NATIONAL REHABILITATION CENTER**

**Infection Prevention and Control**

**BLOODBORNE PATHOGENS EXPOSURE CONTROL PLAN**

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**SUBJECT: POST- EXPOSURE MEASURES**

**Policy No.: IC204**  
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**ALL** exposures (parenteral, mucous membrane or open cutaneous exposure to blood or body fluids) are reportable to Employee Health Services. To ensure timely postexposure management and administration of HIV Post-Exposure Prophylaxis (PEP), clinicians should consider occupational exposures as urgent medical concerns.

1. If skin or mucous membranes come in direct contact with blood or body fluids, wash or flush with water as soon as possible.
2. All employees who sustain an accidental exposure by needlestick or other sharps contaminated with blood or body fluids, or suffer an accidental mucous membrane exposure shall report the incident to their supervisor and report to Employee Health Services for medical follow up. The medical evaluation should be done immediately since prophylaxis, if indicated, may need to be started within 1-2 hours of the exposure.
3. After hours, and on weekends, the employee shall notify the Administrative Nursing Supervisor via the telephone operator.
4. Counseling shall be provided by the Infectious Disease physician or his/her designee regarding the potential for sexual transmission of HIV and hepatitis, adherence to HIV PEP, expert consultation in management of exposures, follow-up of exposed workers to improve adherence to PEP, and monitoring for adverse events, including seroconversion.
5. Contact Employee Health Services to obtain further information and to obtain the results of any laboratory tests initiated as the result of an exposure.
6. The employee's supervisor will provide instructions on the completion of other documents (e.g., Event Notification Form, Industrial Accident Form, etc.)
7. The National Clinician's Post-Exposure Prophylaxis Hotline (PEpline) offers treating clinicians an up-to-the-minute advice on managing Occupational Exposures.

Phone: 1-888-448-4911  
Hours: 24 hours/7 days a week