



Rancho Los Amigos National Rehabilitation Center

DEPARTMENT OF PEDIATRICS POLICY AND PROCEDURE

**SUBJECT: GUIDELINES FOR REHABILITATION
TREATMENT PROGRAM**

**Policy No.: P 136
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PURPOSE:

To provide guidance for staff in the pediatric patient's rehabilitation treatment program. It is recognized that a twofold process occurs in the patient's rehabilitation program.

1. The progress of the child
2. The progress of the family/support system

PROCEDURE:

1. The Child/Adolescent

- Upon admission, an evaluation will be performed by the interdisciplinary team with consultation as necessary from medical and surgical specialists, orthotic and respiratory therapy services as appropriate.
- An interdisciplinary team conference will be held within one week of admission and an appropriate goal oriented program from each team member will be established.
- Weekly interdisciplinary team meetings will monitor the patient's progress.
- Program to include a developmental assessment for children when appropriate

2. The Family/Support System of Child/Adolescent

- The family participation will be incorporated fully into the rehabilitation program.
- A family conference with the interdisciplinary team will be conducted as appropriate before discharge.
- Each team member will establish an individual training program where instruction in all medical and therapy needs will be done.
- Progression of the family training will be discussed/ reviewed during the weekly interdisciplinary meeting.
- Family participation in therapeutic outings will be established as an integral part of the training program as needed.
- Training will be provided to all individuals/caregivers identified by family who will be involved in the care of the patient after discharge.

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