



# Rancho Los Amigos National Rehabilitation Center

## DEPARTMENT OF PEDIATRICS POLICY AND PROCEDURE

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**SUBJECT: THERAPEUTIC PASS**

**Policy No.: P 151**  
**Supersedes: 12/2019**  
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### **PURPOSE:**

To provide guidelines to staff members in preparing patient and family or guardian to ensure their safety during therapeutic pass.

### **POLICY STATEMENTS:**

Therapeutic Passes may be considered and granted for Rehabilitation patients on an individual basis.

#### **A. GUIDELINES FOR THERAPEUTIC PASS FOR GENERAL PEDIATRIC PATIENT POPULATION**

1. The Department of Pediatrics adhere to Rancho Los Amigos National Rehabilitation Center (RLANRC) Administrative Policy B827 Therapeutic Home Pass and Leave of Absence.
2. The interdisciplinary team will discuss and approve the therapeutic pass during the team conference.
3. Therapeutic pass order will be written by the Pediatric staff physician.  
**KEY POINT:** Pass orders cannot be written by the On Call Hospitalist or Intensivist.
4. Responsible family members must be trained in essential aspects of the patient care prior to any passes being given.
5. For the child requiring nasogastric or gastrostomy tube feedings, skill in the feeding technique must be demonstrated before any extended visit which would necessitate that feeding be given to the child by the parent.

#### **B. GUIDELINES FOR THERAPEUTIC PASS FOR VENTILATOR DEPENDENT PATIENTS**

#### **TYPES OF PASSES FOR VENTILATOR DEPENDENT PATIENTS:**

- a. TYPE 1 - The child is allowed to be taken out of the room and off the ward but is restricted to the JPI Building.
- b. TYPE 2 - The child may be taken within Rancho Los Amigos National Rehabilitation Center grounds.

- c. TYPE 3 - The child may be taken off the grounds of Rancho Los Amigos National Rehabilitation Center, i.e. home.

**REQUIREMENTS FOR VENTILATOR DEPENDENT PATIENTS TO BE ALLOWED TO GO ON THESE PASSES ARE AS FOLLOWS:**

1. The pediatric staff physician responsible for the patient will determine when a pass is possible and will write an order specifying the type of pass and when it shall occur.  
**KEY POINT:** Pass orders cannot be written by the On-Call Hospitalist or Intensivist
2. Responsible family members must be trained in essential aspects of the child's care prior to any passes being given.
3. For the child with a tracheostomy and/or a ventilator:
4. A family will be allowed to take their child within the JPI Building (Pass Type 1) once they are skilled in the mechanics of respiratory resuscitation including the use of the ambu bag, and suctioning techniques.
5. Prior to taking their child to the park or elsewhere on the hospital grounds (Pass Type 2) the family must have seen and then performed a tracheostomy tube change in addition to the above criteria. They must also be knowledgeable with the set up and working of the ventilator and ventilator tubing and must be cleared by the respiratory care practitioner and nurse.
6. Requirements for a home pass to any location (Pass Type 3) includes demonstrated skill in all aspects of the child's care. In addition to the tracheostomy and ventilator care mentioned above, this may include: knowledge of monitoring and suctioning equipment, dispensing of medication, therapy needs (i.e. range of motion, applying and checking of all orthoses), position changes skin checks, intermittent catheterization, bowel program, dysreflexia protocol, appropriate and proper use of lift equipment, and proper transfer techniques.

**KEY POINT:** Exceptions to the above protocol will be made on an individualized bases and explanation of such must be documented in the child's medical record prior to the initiation of the pass.

7. For the child requiring nasogastric or gastrostomy tube feedings, skill in the feeding technique must be demonstrated before any extended visit which would necessitate that feeding be given to the child by the parent.

**PROCEDURE AND DOCUMENTATION:**

The Department of Pediatrics adhere to RLANRC Administrative Policy and Procedure B827 Therapeutic Home Pass and Leave of Absence

**REFERENCE:**

RLANRC Administrative Policy and Procedure B827 Therapeutic Home Pass and leave of Absence

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