



# Rancho Los Amigos National Rehabilitation Center

## DEPARTMENT OF PEDIATRICS POLICY AND PROCEDURE

**SUBJECT: PLAYGROUND**

**Policy No.: P 156**  
**Supersedes: 10/2022**  
**Review Date: 02/2023**

### **PURPOSE:**

To provide guidelines in the appropriate utilization of the playground area by both the pediatric and adult population patients.

### **PROCEDURE:**

#### **A. Coordination of Utilization**

1. The Pediatric Service will have priority to utilize the pediatric playground area.
2. The adult patient population may use the playground area after scheduling with Pediatric Recreation Therapist. Contact extension 56228 at least 3 days prior to the requested date of use.

#### **B. Procedure to Obtain Access**

1. Once day and time is confirmed by Recreation Therapist (RT)/Nursing, the requesting staff may obtain keys at the time of the scheduled treatment session from the 1<sup>st</sup> Floor OT Gym room T1180.
2. Area must be secured and locked after treatment session.
3. There must be a Rancho staff present at all times when patients are utilizing the area.

#### **C. General Guidelines**

1. Patients and visitors will not be allowed in the playground unattended.
2. Staff supervising the patient activity must have a cell phone at all times when utilizing the area.  
**Key Point:** Cell phone is used to call additional staff in case of an emergency.
3. Playground must be used for therapeutic programming purposes only.
4. The playground is a non- smoking area.
5. No vaping pens/marijuana/alcohol/illegal drug use is permitted.
6. No graffiti, tagging and /or defacing of the playground equipment, trees, or BBQ is permitted.
7. Open fire pits are not allowed in the playground area.
8. Sitting chairs are not permitted on the mat area of the playground.
9. Sitting chairs are only permitted on the cement and grass area.

#### **D. Barbecue Pit Guidelines**

1. Utilize the playground barbecue check off list when using the barbecue pit. See attachment
2. Date must be cleared with RT from Department of Pediatrics 3 days in advance.
3. Keys to the Propane barbecue can be checked out by the RT Supervisor.
4. Separate propane must be supplied by the adult therapy service when utilized for an adult activity.

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Approved By: Barry Jordan, Chief Medical Officer



**RANCHO LOS AMIGOS NATIONAL REHABILITATION CENTER**  
**DEPARTMENT OF PEDIATRICS**  
**Playground Barbecue Check off List**

DATE AND INITIAL WHEN COMPLETED	DATE	INITIAL
<b>A. SET- UP</b>		
1. Pick up keys from the 1 <sup>st</sup> Floor OT Gym Rm #T1180		
a. HA1 for Gate		
b. P 150 for small locks – Pick up from RT Supervisor		
c. 31447 for large locks – Pick up from RT Supervisor		
2. Switch Pediatric tank to adult tank		
3. Clean/wipe ceramic tile using 409 cleanser all around BBQ		
4. Clean/wipe BBQ using 409 cleanser		
5. Clean/wipe tables and chairs with 409		
6. Place plastic liner in gray trash can before using		
7. Do not put green plastic chairs on rubber mat		
8. Chairs must be placed on cemented area only		
<b>B. CLEAN - UP</b>		
1. Use a wire brush to clean the grill		
2. Re- foil the dip tray underneath the grill		
3. Pick up all paper trash in the area		
4. Dispose filled trash bags in the bins outside the gated area		
5. Turn gray trash can over when done		
6. Stack up all plastic green chair and lock to the pole		
7. Use 409 cleanser to clean BBQ and ceramic tile fixture		
8. Change the adult propane tank with the pediatric tank		
9. Return HA1 Key to the 1 <sup>st</sup> Floor OT Gym Rm# T1180		
10. Return P150 and 31447 keys to RT Supervisor		
<b>NOTE:</b> Do not use 1 South as an entrance to the playground		
Use door by the outdoor garden to access the area		
Pediatric RT will notify 1 South Nurses of adult usage of the playground area.		

**COMPLETED BY:**

**NAME AND SIGNATURE** \_\_\_\_\_ **UNIT:** \_\_\_\_\_ **EXT:** \_\_\_\_\_

**DATE COMPLETED:** \_\_\_\_\_

\*Return completed check off list to Pediatric Recreation Therapist