

## **Patient Instructions for Collection of Feces for Stool Culture**



- 1. Confirm the name and date of birth on the pre-labeled Cary Blair (orange-top) Stool collection container provided to you
- 2. Caution: The liquid in the tubes is poisonous. Do not drink and keep out of the reach of children.
- 3. Pass the stool specimen into a clean dry container provided.
- 4. Remove the orange cap from Cary-Blair specimen collection container and using the spoon attached to the lid place spoons full of the stool into the tube until the liquid level rises to the red line. If unable to use the spoon due to liquid specimen, carefully pour the stool in the container until it reaches the fill line being careful not to overfill.
- Mix the contents of each tube with the spoon, then close tightly and shake until well mixed.
- 6. Initial the specimen label next to your name and write the date and time of collection on the label of each tube.
- 7. The specimen must be returned to the laboratory within 24 hrs of collection.