

# LOS ANGELES GENERAL MEDICAL CENTER DEPARTMENT OF NURSING SERVICES POLICY

Subject: <b>INPATIENT ASSESSMENT / REASSESSMENT</b>		Original Issue Date: 04/05	Policy # <b>801</b>
		Supersedes: 06/21	Effective Date: 03/24
Departments Consulted:	Reviewed & Approved by: Professional Practice Committee Nurse Executive Committee Attending Staff Association Executive Committee	Approved by:  (signature on file) Nancy Blake Chief Nursing Officer	

## PURPOSE

To describe the process for assessing and reassessing inpatients within the Los Angeles General Medical Center.

## POLICY

The provision of care, treatment, and services to patients includes the assessment of a patient's condition and needs, the reassessment of the patient's condition, and his/her response to interventions. The assessment process includes a collection of objective and subjective data that focuses on the patient's physical, psychosocial, spiritual, and developmental needs.

## PROCEDURE

Registered Nurses conduct assessments/ within the scope of their licensure, certification, regulations, and applicable law.

The Registered Nurse utilizes the assessment data to formulate a plan of care and make necessary referrals to other departments.

The primary source of information is the patient, but if the patient is unable to communicate, a family member or significant other may be utilized as a resource for history information.

### I. Admission History Assessment

The Admission History assessment:

- Is documented in the Admission History in the electronic health record (EHR) for all units- Adults, Adult ICU, Pediatrics, Pediatric ICU, and Neonatal ICU.

The Admission History documentation must be initiated within:

- 4 hours of admission to an acute care unit
- 1 hour of admission to a critical care unit
- 1 hour of admission to a pediatric unit

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Refer to nursing policies:

- Inpatient Documentation Guidelines
- Documentation of Ambulatory Care, Emergency Room and/or Urgent Care Areas

The following systems assessments include:

- Physiologic systems assessment
- Neurological Assessment (refer to Addendum A- Neurological Assessments for Ischemic Stroke Patients)
- Medical device use assessment
- Pain assessment
- Nutrition Risk
- Falls Risk Assessment (using the age-appropriate scale) (see Nursing Policy, “*Fall Prevention*”).
- Suicide Risk Screen (see section below)
- Skin Assessment (using the age-appropriate scale)
- Skin Assessment including injuries related to medical device use
- Initial weight
- Pediatric: (height/length and head circumference, if applicable for age).
- Patient and Family Education
- Referrals/teaching needs
- Discharge planning
- Or any other applicable assessment

## **II. Reassessment**

Reassessments are completed as follows:

- Every 4 hours for adults and pediatrics; and every 8 hours for perinatal
- To assess a patient’s response to care
- With the change in the patient’s condition

Changes noted during reassessment are reflected in the IPOC (Interdisciplinary Patient Care Plan).

Any pertinent findings including a significant event that occurs shall be reported to the provider and documented under the Notes or Documentation section in the EHR.

### **Suicide Risk Screening and Assessment**

Suicide risk screening is done all patients able to verbalize responses upon admission. If patient is unable to verbalize responses, check the N/A box in the EHR.

Suicide Risk Assessment is done:

- For patients who answer “yes” to the suicide risk screen. If answered “yes”:

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- Notify provider
- Refer to Patient's At Risk for Suicide Nursing Clinical Standard

**REFERENCE**

Los Angeles General Medical Center Policy #800: Pain Assessment  
 Nursing Clinical Standard: Physiologic Monitoring/Hygiene/Comfort – Adults Acute Care Units  
 Nursing Clinical Standard: Physiologic Monitoring/Hygiene/Comfort –ICU's/Progressive Care Unit  
 Nursing Clinical Standard: Physiologic Monitoring/Hygiene/Comfort—Newborn/Pediatric  
 Nursing Clinical Standard: Pain Management  
 Nursing Clinical Standard: Patient's At Risk for Suicide  
 Nursing Policy, Inpatient Documentation Guidelines  
 Nursing Policy, Documentation – Ambulatory Care, Emergency Room and/or Urgent Care Areas  
 Unit Structure Standards

**REVISION DATES**

04/05, 09/08, 02/11, 07/12, 10/12, 01/14, 12/18, 06/21, 03/24

Addendum A: Nursing Policy #801 Patient Assessment/ Reassessment: Neurological Assessments for Ischemic Stroke Patients

**First 24hr (ICU/ED) Post thrombolytic Administration**

- First 2 hours every 15 minutes
- Next 6 hours every 30 minutes
- Next 16 hours every hour

Assessments include:

- Neurological Assessment
- Vitals
- Mental Status
- Pupils assessment
- Neuromuscular / Extremities assessment
- Glasgow Coma Assessment
- The National Institutes of Health Stroke Scale (NIHSS) (every 12 hours)

**ICU Post Thrombectomy Assessment**

- First hour every 15 minutes
- Next hour every 30 minutes
- Hourly times 5 hours

Assessments include:

- Neurological Assessment
- Vitals
- Mental Status
- Pupils Assessment
- Neuromuscular / Extremities Assessment
- Glasgow Coma assessment
- Neurovascular Checks
- Incision/ Wound/ Skin Abnormality (of site accessed)

Addendum A: Nursing Policy #801 Patient Assessment/ Reassessment: Neurological Assessments for Ischemic Stroke Patients

**Baseline assessment (ICU/ED) Every 4 hours**

- Mental Status
  - Level of consciousness
  - Orientation assessment
- Language
  - Fluent/Speech
  - Follows commands
  - Facial symmetry
- Cough reflex
- Gag reflex
- Glasgow Coma Assessment
- Pupil assessment
  - PERRL
  - Right pupil description
  - Left pupil description
  - Right pupil reaction
  - Left pupil reaction
  - Right pupil size
  - Left pupil size
  - Pupil Accommodation, Right
  - Pupil Accommodation, Left
- Neuromuscular assessment
  - Right Upper Extremity Strength
  - Left Upper Extremity Strength
  - Right Lower Extremity Strength
  - Left Lower Extremity Strength
- NIHSS (every 12 hours)

Addendum A: Nursing Policy #801 Patient Assessment/ Reassessment: Neurological Assessments for Ischemic Stroke Patients

**Baseline assessment (Med/Surg) Every 4 hours**

- Mental Status
  - Level of consciousness
  - Orientation assessment
- Psychosocial assessment
  - Affect/behavior
  - Appearance
- Language
  - Fluent/Speech
  - Follows commands
  - Facial symmetry
- Cough reflex
- Gag reflex
- Pupil assessment
  - PERRLA
  - Right pupil description
  - Left pupil description
  - Right pupil reaction
  - Left pupil reaction
  - Right pupil size
  - Left pupil size
  - Pupil Accommodation, Right
  - Pupil Accommodation, Left
- Neuromuscular assessment (every 12 hours)
  - Right Upper Extremity Strength
  - Left Upper Extremity Strength
  - Right Lower Extremity Strength
  - Left Lower Extremity Strength

Revision:

06/21. 03/24