

LOS ANGELES GENERAL MEDICAL CENTER MODERATE / DEEP SEDATION FLOW SHEET
MC 905 ATTACHMENT F

PRE-SEDATION HISTORY & PHYSICAL EXAMINATION (TO BE COMPLETED BY PHYSICIAN)

<input type="checkbox"/> MALE	<input type="checkbox"/> FEMALE	AGE:	Wt (KG):	DATE:
ALLERGIES: <input type="checkbox"/> None				
CHIEF COMPLAINT/PRESENT ILLNESS:				
PROCEDURE:				
REASON FOR PROCEDURE:				
Complications from Past Sedation/Analgesia: <input type="checkbox"/> No <input type="checkbox"/> Yes:				
Past Surgeries:				
MEDICATIONS:				

System Review Past Medical History:

Cardiovascular: None Angina MI Hypertension Other:

Pulmonary: None Respiratory Disease Recent URI Sleep Apnea Other:

CNS: None Neurological d/o Other:

GI/Hepatic None GERD Hepatitis/ Liver d/o Other:

Endocrine: None Diabetes Thyroid Disease Other:

Renal: None Renal Disease Other:

Hematology None Bleeding d/o Other:

Musculoskeletal None Arthritis Other:

Psychiatric None Psych D/O Other:





Social None ETOH Abuse Drug Use Hx. Tobacco Use: Other:

Comments:

PHYSICAL EXAM	Time:	BP	HR	RR	Temp	SaO2	Pain Score:
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Mental Status (circle): **A V P U** **A** = Alert and Oriented, **V** = Verbal Stimuli with or without tactile stimuli, **P** = Painful Stimuli, **U** = Unresponsive to Painful Stimuli

AIRWAY ASSESSMENT: (Examined upright, head neutral, maximal opening, maximal tongue protrusion) – CHECK APPROPRIATE BOX

 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	NECK ROM: <input type="checkbox"/> Normal <input type="checkbox"/> Limited MOUTH OPENING: <input type="checkbox"/> Normal <input type="checkbox"/> Limited <input type="checkbox"/> Other: TEETH: <input type="checkbox"/> Intact <input type="checkbox"/> Artificial <input type="checkbox"/> Caries <input type="checkbox"/> Loose <input type="checkbox"/> Missing TONGUE <input type="checkbox"/> Normal <input type="checkbox"/> Large
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HEART: Regular Rate/Rhythm Other:

LUNGS: Clear Other:

ABDOMEN: Soft / Non-Tender Other:

NEUROLOGIC: Non-focal Other:

Comments:

Pertinent Labs:

Diagnosis:

ASA Classification: 1 Normal / 2 Mild Systemic / 3 Severe Systemic / 4 Severe Systemic – Critical / 5 Moribund / Emergency

Physician's name/signature:	ID#	Attending Name:	Date / Time:
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Init.	Signature	Print Name & Title

Patient Name: MRUN Ward

Barcode

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Patient Name, MRUN, Ward

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POST SEDATION VITAL SIGNS (TO BE COMPLETED BY RN)										Recovery Start Time:						
										Recovery End Time:						
										MEDICATIONS						
Time	BP	Pulse	RR	EKG	Temp	O2 (L/min)	SaO2	ETCO2	Pain Scale	Aldrete Score	Mental Status	Drug	Dose	Route	Initials	
Recovery																

Post – Recovery Data **Initials**

Gag Reflex Present: Yes No* * Notify physician immediately
 Airway Obstructed: Yes* No
 Need for Suctioning: Yes* No

Legends:

Mental Status: **A** = Alert and Oriented, **V** = Responds to Verbal Stimuli with or without light tactile stimulation, **P** = Responds to Painful Stimuli, **U** = Unresponsive to Painful Stimuli
 Pain Scale: **P** = Numerical Scale (0-10), **W** = Wong Baker, **F** = FLACC, **N** = NIPS
 EKG Rhythm: **NSR**= Normal Sinus Rhythm, **SB** = Sinus Bradycardia, **ST** = Sinus Tachycardia, **SVT** = Supraventricular Tachycardia, **PVC** = Premature Ventricular Contraction, **ATF** = Atrial Flutter, **AFIB** = Atrial Fibrillation, **PR** = Paced Rhythm

Patient Status at Time of Discharge:

- Pre-Sedation level of consciousness
- Ambulatory (with or without assistance)
- Able to void without difficulty
- Able to take oral fluids (or alternate route established)
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- Minimal or no nausea / vomiting
- Minimal or no dizziness
- Pain adequately controlled (<4 on a scale 1 – 10)
- Aldrete Score of 10 (if < 10, consult with physician)

Discharge Home Checklist:

- Written order for discharge by physician / dentist
- Aftercare instructions given, to include:
 - How to assess emergency care/phone numbers
 - Follow-up appointments
 - Activity limitations/any restrictions
 - Verbalizes understanding of instructions
- Discharged to care of escort/responsible adult

ALDRETE Post Anesthesia Recovery Score		
Criteria	Definitions	Score
Activity	2 - Able to move 4 extremities 1 - Able to move 2 extremities 0 - Able to move 0 extremities	
Respiration	2 - Able to deep breath/cough 1 - Dyspnea or limited breathing 0 - Apneic	
Cardiovascular	2 - BP + 20% pre-anesthetic level 1 - BP + 20-50% pre-anesthetic level 0 - BP + 50% pre-anesthetic level	
Color	2 - Pink or normal 1 - Pale or dusky 0 - Cyanotic	
Patient Response	2 - for < 1 year old – strong cry 2 - for > 1 < 3 years old – awake, verbally responsive, and strong cry 2 - for >3 years (including adults) - Fully awake 1 - Arousable on calling 0 - Not responding	
TOTAL SCORE (if less than 10, consult with physician)		

Disposition/Time: Admitted _____
 Discharged: _____ Returned to Ward: _____

Name: _____ **ID #** _____ **Date/Time:** _____ **Patient Name, MRUN, Ward** _____

Print	Signature	Title
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Init.	Signature	Print Name & Title

Patient Name, MRUN, Ward
