

## HIGH DESERT HEALTH SYSTEM AMBULATORY SURGICAL CENTER

<b>SUBJECT:</b> II-123 ELECTIVE STERILIZATION: REQUIRED CONSENT & WAITING PERIOD	<b>POLICY #:</b> 1065
	<b>VERSION:</b> 1
<b>APPROVED BY:</b> Aram. Messerlian (CHIEF PHYSICIAN I ANESTHESIOLOGY), Beryl Brooks (ADMR, COMP AMB HEALTH CARE CENTER), Leila Adriano (NURSE MANAGER)	
<b>DATE APPROVED:</b> 06/28/2016	

**PURPOSE:** To provide guidelines to Ambulatory Surgical Center (ASC) staff regarding informed consent and the required waiting time for elective sterilization.

**POLICY:** ASC staff will comply with State and Federal regulations, mandating both the use of special informed consent for elective sterilization of male and female patients (including vasectomy and tubal ligation) and the waiting period prior to performing the procedure.

### PROCEDURE:

#### A. Requirements that must be met before performing procedure:

1. Informed consent for the sterilization procedure has been obtained from the patient as well as documented in the medical record.
2. The sterilization consent form has been completed and signed by necessary parties.
3. The required waiting period has been satisfied.

#### B. Completion of the Sterilization Consent form after discussion:

1. Each patient must be given the appropriate sterilization consent form, issued by the State Department of Health Services (in English and Spanish), as follows:
  - a. For patients covered by the Medi-Cal regulations, the "Medi-Cal/Federally Funded Patient's Consent Form," PM 330 (Attachment 1), must be used.
  - b. For all other patients, the "Consent Form (Non-Federally Funded)," PM 284 (Attachment 2), must be used.
2. The appropriate sterilization booklet, either the "Understanding Sterilization" or "Understanding Vasectomy" (available in English and Spanish), must be given to all patients at the time the consent form is given to patient.

## HIGH DESERT HEALTH SYSTEM AMBULATORY SURGICAL CENTER

<b>SUBJECT:</b> II-123 ELECTIVE STERILIZATION: REQUIRED CONSENT & WAITING PERIOD	<b>POLICY #:</b> 1065
	<b>VERSION:</b> 1

3. Sterilization consent forms and booklets may be obtained from:

Department of Health Services Warehouse  
1037 N. Market Blvd., Suite 9  
Sacramento, CA 95834

### C. Signatures required before waiting period begins:

After the discussion and before the required waiting period begins, the appropriate consent form must be signed by:

1. The patient or, as appropriate, the patient's conservator;
2. The interpreter, if any used; and
3. The person who obtained the consent before the waiting period began, whether this was the physician or the physician's designee.

### D. Required waiting period:

The following waiting period requirements apply after the informed consent discussion has been completed and the consent form has been signed by all required entities, as above.

1. At least thirty (30) days, but not more than 180 days, must pass.
2. An elective sterilization may be performed less than 30 days after the patient signed the consent form *only* if a private pay patient voluntarily requests in writing that the 30-day waiting time be waived to no less than 72 hours.

### ATTACHMENTS:

1. Consent Form, PM 330
2. Sterilization Consent Form (Non-Federally Funded), PM 284

<b>Original Date:</b> 07/01/2003
<b>Reviewed:</b> 06/28/2016
<b>Next Review Date:</b> 06/28/2019
<b>Previous Review Dates:</b> 04/30/09; 08/23/13
<b>Previous Revise Dates:</b> 05/13/09; 08/28/13