

## HIGH DESERT HEALTH SYSTEM AMBULATORY SURGICAL CENTER

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| <b>SUBJECT:</b><br>XIII-122 PERSONNEL ATTIRE  | <b>POLICY #:</b> 1103 |
| <b>APPROVED BY:</b><br>Aram. Messerlian (CHIEF PHYSICIAN I ANESTHESIOLOGY), Beryl Brooks (ADMR, COMP AMB HEALTH CARE CENTER), Leila Adriano (NURSE MANAGER) |                       |
| <b>DATE APPROVED:</b> 11/21/2017  |                       |

**PURPOSE:** To maintain environmental control and promote a high level of cleanliness and hygiene within the Ambulatory Surgical Center (ASC).

**POLICY:** Clean surgical attire, including shoes or shoes covers, head covering, masks, jackets and identification badges will be worn in the semi restricted and restricted areas of the surgical or invasive procedure areas.

### DEFINITION:

Surgical attire provides a barrier between personnel and patient and patient and personnel, though which contamination may pass. Surgical attire also provides protection for personnel against exposure to infectious microorganisms and hazardous materials.

### PROCEDURE:

All personnel entering restricted areas of the ASC will be dressed in an appropriate operating room (OR) attire.

1. Appropriate operating room apparel is clean and made of fabric that meets the national Fire Protection Association (NFP A) standards. The design and composition minimizes bacterial shedding.
2. Street clothing is never worn within the restricted areas of ASC.
3. All OR apparel is laundered after each use by a Linen facility, used by High Desert Regional Health Center, and stored in an enclosed area within the ASC.
4. During the shift, scrub apparel will be changed whenever it becomes soiled or visibly wet.
5. All personnel will wear scrub attire consisting of a two-piece pantsuit.
6. Scrub attire will be placed in designated containers (hampers in locker rooms) for washing and will not be hung or put in a locker for wearing at another time.

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### I. Surgical Head Coverings

- a. All possible head, facial hair including sideburns, scalp skin and neckline, will be covered in restricted and semi restricted areas of the ASC.
- b. The surgical head covering is to be clean, free of lint and confines the hair.
- c. Surgical head covering that are worn outside are to be changed prior to entering the surgical environment.
- d. Surgical head covering are made of material that meets the NFP A standards.
- e. If reusable head covering are worn in restricted and semi restricted areas, the reusable head covering will be covered with disposable surgical head covering.

### II. Shoes and Shoe Covers

- a. To minimize injury and provide protection, shoes worn in the surgical environment will have enclosed toes, low heels and nonskid soles.
- b. Shoe covers are considered part of personal protective equipment (PPE) and should be worn when it can be reasonably anticipated that splashes or spills might occur. If shoe covers are worn, they must be changed daily and whenever they become torn, wet or soiled and should be removed before leaving the surgical area.

### III. Mask

- a. All personnel shall wear high filtration masks when entering the ORs.
- b. Masks shall be worn at all the time in the ORs and other areas where open sterile supplies or scrubbed personnel are located. Masks shall cover the nose and mouth, be secured in a manner that prevents venting and shall be discarded after each procedure.
- c. A fresh clean surgical mask will be worn for every procedure. The mask will be replaced and discarded whenever it becomes wet or soiled.

### IV. Jewelry

- a. All jewelry will either be removed or confined in surgical attire by all personnel entering in the surgical suite.
- b. Watches, rings, and bracelets will be removed prior to surgical scrubs.

### V. Nails

- a. Nail will be kept short, clean and healthy. Nails must be maintained in good condition. Artificial nails (e.g. liquid, powder, acrylic, porcelain, solar, sculptured, etc) are not permitted.

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- b. Nail polish that is obviously chipped or worn longer than four days has a tendency to harbor greater numbers of bacteria. This time frame should be used as a guide for changing nail polish so that nails remained well-manicured. Chipped fingernail polish will be removed prior to entry into the restricted area of the perioperative environment.

### VI. Protective barriers

- a. Gloves will be selected and worn contingent upon the task to be performed. Gloves are to be visually inspected immediately upon donning, before contact with sterile supplies/ sterile field and/or contaminated surfaces and periodically throughout use.
  - i. Sterile gloves must be worn when performing sterile procedures.
  - ii. Non-sterile gloves may be worn for all other tasks.
- b. Gloves must be changed between patient contacts or after contact with contaminated items when the task is completed. Hands must be washed after removing gloves.
- c. Protective eye wear or face shields will be provided whenever procedures/patients care place one at risk for contamination to the face or eye. Protective eyewear can include the following:
  - i. Personal glasses with protective shields above and on the side of glasses.
  - ii. Protective goggles.
  - iii. Face shield.

### VII. Additional Guidelines

- a. Fanny packs, backpacks and briefcases will not be taken into the semi restricted or restricted areas of the peri-operative suite.

### REFERENCE:

AORN Standards and Recommended Practices, 2016

Ambulatory Surgery Principles and Practices

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