

HIGH DESERT HEALTH SYSTEM AMBULATORY SURGICAL CENTER

SUBJECT: V-109 GOWNING AND GLOVING	POLICY #: 1234
	VERSION: 1
APPROVED BY: ASC Approvers	
DATE APPROVED: 06/28/2016	

PURPOSE: To describe expectations related to creating and maintaining a sterile field.

POLICY: All scrubbed persons must wear a sterile gown and sterile gloves when participating in a surgery or an invasive procedure.

PROCEDURE:

I. GOWNING

- A. The scrub person should don a sterile gown from a sterile field other than the main instrument table.
- B. Once a surgical gown is donned, it is considered sterile, both the front (from the chest to the level of the sterile field) and the sleeves, from two inches above the elbow to the cuff, circumferentially.
- C. The following areas of the gown are not considered sterile: back of the gown, neckline, shoulders and axillary regions.
- D. Stockinet gown cuffs are not considered sterile once a hand has passed through them.
- E. Articles that drop below the level of the sterile field are considered unsterile and are discarded.
- F. Gowns that become contaminated are changed as soon as possible.
- G. Drying the hands and arms after surgical scrub:
 1. Pick up sterile towel from sterile field, being careful to not drip water on the sterile field or gown underneath.
 2. Hold towel lengthwise. Use one end of towel only to dry one hand.
 3. Rotate arm as you dry it, working from wrist to elbow. Do not allow towel to contact scrub suit.
 4. Once the arm is dried, bring dry hand to opposite end of towel and begin drying the other hand and arm in the same manner.
 5. Discard towel in kick bucket.

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H. Gowning self

1. Grasp gown firmly and bring away from table. It has been folded so that the outside falls away.
2. Holding gown at the shoulders, allow it to unfold gently. Remember to touch only the inside of the sterile gown.
3. Place hands inside arm holes and guide each arm through the sleeves by raising and spreading the arms.
4. The RN Circulator assists in pulling gown up and tying it.

I. Gowning another

1. Grasp gown so that the outside faces toward you. Holding gown at the shoulders, cuff your hands under gown shoulders.
2. The other person steps forward and places his/her arms in sleeves. Slide gown up to mid-upper arms.
3. The RN Circulator assists in pulling gown up and tying it.
4. Gently pull cuffs back over surgeon's hands. Ensure that your gloved hands do not touch his/her bare hands.

II. **GLOVING**

- A. All persons who perform the surgical scrub in preparation for surgery must also wear sterile gloves.
- B. Gloves must cover the stockinette sleeve of the gown.
- C. Scrub team members use closed gloving technique for initial donning of sterile gloves.
- D. Scrubbed team members are to inspect gloves for integrity after donning, before contact with the sterile field and throughout use.
- E. Surgical gloves worn during surgical procedures will be changed:
 1. After each patient procedure
 2. When suspected or actual contamination occurs

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3. When gloves begin to swell, expand & become loose on the hands
4. When a visible defect of preformation is noted or when a suspected or actual perforation occurs
5. Every 90-150 minutes

F. Use of either assisted gloving or gloving self-open technique is indicated when an operative team member must change their gloves.

G. Hands are not to be placed under the arms in the axillary region.

H. Gloving self-closed technique

1. Lay glove palm down over cuff of gown, with fingers of glove facing toward you.
2. Working through gown sleeve, grasp cuff of glove and bring it over the open cuff of the sleeve.
3. Unroll cuff or glove so that it covers sleeve cuff.
4. Proceed with opposite hand using same technique. Never allow bare hand to contact the gown cuff edge or outside of glove.

I. Gloving self-open technique

1. Pick up glove by the inside cuff with one hand. Do not touch glove wrapper with bare hand.
2. Slide glove onto opposite hand; leave cuff down.
3. Using partially gloved hand, slide fingers into outer side of opposite glove cuff.
4. Slide hand into glove and unroll cuff; do not touch bare arm as cuff is unrolled.
5. With gloved hand, slide finger under outside edge of opposite cuff and unroll it gently, using the same technique.

J. Assisted Gloving Technique

1. Pick up right glove and place palm away from you. Slide fingers under cuff and spread them so that a wide opening is created.

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2. Other person will thrust his/her hand into the glove; do not release glove yet.
3. Gently release cuff (do not let glove snap sharply) while rolling over the wrist.
4. Proceed with left glove, using same technique.

REFERENCES:

AORN Standards and Recommended Practices, 2016

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