



# High Desert Health System POLICY AND PROCEDURE

POLICY NUMBER: 451  
VERSION: 1

## **SUBJECT: 2003 FAMILY PLANNING - MALE SERVICES PROTOCOLS**

**PURPOSE:** To establish protocols to provide a voluntary contraceptive method to males within a fertile age bracket through (or) in the Family Planning clinic.

**POLICY:** Males are eligible for specific family planning services as outlined by the Family Planning Access Care and Treatment (Family PACT) program procedures, policies and billing instructions.

Treatment and counseling services will be offered to all male sexual partners of female contraceptive clients who are treated for sexually transmitted infections. These individuals will be strongly encouraged to obtain testing and treatment at the Family Planning clinic or by referral.

All Family PACT visits must use the Family PACT encounter form for billing. At the initial visit, male clients will be provided with education and counseling in addition to a contraceptive method. For eligible clients, the education and counseling may be billed to Family PACT. After the initial visit, subsequent male visits to obtain condoms or other contraceptive supplies may be reimbursed by Family PACT without the provision of education and counseling. Certain male visits may be billed to the Title X program using the forms required by California Family Health Council (CFHC).

The Family Planning Male Medical Exam Progress Note (attachment I) will be used to document all male family planning services.

### **PROCEDURE:**

#### **I. FAMILY PACT**

A. A male client's visit for contraception includes the following components:

1. Family planning counseling and education must be documented in the client's chart. Charting must state whether the education was written or verbal.
2. Education must include a brief description of alternative contraceptive methods, including sterilization, where to obtain additional supplies, sexually transmitted infections (STIs) and how to obtain treatment for STIs.
3. Verbal and written instructions for the use of condoms must be provided to the client.

<b>POLICY NO:</b> 451	<b>SUBJECT:</b> 2003 FAMILY PLANNING - MALE SERVICES PROTOCOLS	<b>Page 2 of 2</b>
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- 4. Additional counseling:
  - Preconception Care and Reproductive Life Plan
  - a. Birth Control Methods
  - b. Address pregnancy timing
  - c. Last unprotected intercourse
  - d. Sexual History of client

B. The Family Planning office visit (education and counseling) and provision of condoms to clients may be billed to Family PACT.

**II. TITLE X**

A. Male clients requesting temporary methods of contraception will be offered these additional services.

- 1. Measurement of height, weight and blood pressure.
- 2. Examination of the heart, lungs, abdomen, genitals and rectum.
- 3. Palpation of the prostate.
- 4. Instruction in testicular self-examination.
- 5. Laboratory tests as medically necessary.

B. All services provided to male Family Planning clients must be documented in the client's medical record.

**REFERENCES:**

Department of Health and Human Services, Office of Population Affairs (OPA)

Program Requirements Title X

California Family Health Council (CFHC)

California State Office of Family Planning (OFP)

California Department of Public Health Office of Family Planning (FPACT)

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Date: 03/19/2014	Original Date: 03/01/2004
Reviewed: 03/19/2014	Next Review Date: 03/19/2015
Supersedes:	