



High Desert Health System POLICY AND PROCEDURE

POLICY NUMBER: 518
VERSION: 1

SUBJECT: 2006 FAMILY PLANNING - EMERGENCY CONTRACEPTION

PURPOSE: To provide procedures for the provision of emergency contraceptives to patients who have had unprotected intercourse or incorrect contraceptive use within the previous 72 hours.

POLICY: The Antelope Valley Health Center Family Planning Clinic (AVHC FPC) provides clients with walk-in access to obtain emergency contraception after unprotected intercourse or incorrect contraceptive use. AVHC FPC will provide emergency contraception clients with an additional emergency contraception packet for future use.

Next Choice Emergency Contraception is used in the AVHC FPC.

PROCEDURE:

1. A licensed Nurse, a Physician or a Nurse Practitioner will document the following:
 - Date and time of unprotected intercourse
 - Any allergies
 - Patient History
 - Last Menstrual Period (LMP)
 - Signs and symptoms of pregnancy (patients will be offered a pregnancy test)
 - History of estrogen dependent
 - HTN, Trombophelbitis, CVD, CVA, liver or gallbladder disease
 - Current Medications
2. A licensed nurse, a physician or a Nurse Practitioner obtains the Informed Consent using the Informed Consent for Emergency Contraception.
3. A licensed nurse, a physician or a Nurse Practitioner will review the emergency contraception instructions with patient:
 - Take one Next Choice pill now and repeat the dose in 12 hours.
 - May use over the counter Benadryl for nausea and vomiting. If no menses in 3-4 weeks or any signs or symptoms of pregnancy, patient will need a pregnancy test.
 - Use vaginal contraceptive film and condoms until next menses.
 - Side Effects may include nausea/vomiting, breast tenderness, drowsiness, and/or irregular menses.

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- If patient vomits less than 2 hours after taking the Emergency Contraception Pill (ECP) they need to repeat the dose.
4. A physician or Nurse Practitioner will dispense ECP pills to patient with additional back-up pills. Nursing staff will provide the patient with written instructions and offer Family Planning.

REFERENCES:

Department of Health and Human Services, Office of Population Affairs (OPA)

Program Requirements Title X

California Family Health Council (CFHC)

California State Office of Family Planning (OFP)

California Department of Public Health Office of Family Planning (FPACT)

Patient Education and Counseling Protocol, Los Angeles Biomedical Research Instituted at Harbor-UCLA Medical Center, Torrance, California

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