



# High Desert Health System POLICY AND PROCEDURE

POLICY NUMBER: 618  
VERSION: 1

## **SUBJECT: URINE SPECIMEN COLLECTION FOR FEMALE PATIENTS IN URGENT CARE WITH URINARY TRACT SYMPTOMS – STANDING ORDER**

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**PURPOSE:** To outline the standing order for collection of urine specimen from female patient presenting to Urgent Care with signs/symptom of urinary tract infection.

**POLICY:** All female patients aged 13 to 55 presenting to the Urgent Care with symptoms related to the urinary tract (unless patient has had a tubal ligation, hysterectomy, or has had a positive pregnancy test) will be sent to the lab for a urinalysis and urine HCG.

This standing order will be initiated by the Triage Nurse only.

### **PROCEDURE:**

1. Perform a focused nursing assessment for sign/symptoms related to urinary tract infection, including:
  - Frequency
  - Urgency
  - Pain/burning with urination
2. Document nursing assessment findings on the Urgent Care Progress Note or electronic charting.
3. Circle orders for 'U/A' and 'Urine HCG' on the Urgent Care Progress Note or electronic charting.
4. Instruct patient in the proper technique for providing a clean catch urine specimen. Ensure specimen is labeled appropriately.
5. If the patient has visited the clinic before and has an established medical record number, Nursing or clerical staff will enter the order for urinalysis and urine HCG into the computer. New patients who have not been seen in the clinic before must be sent to registration before entering the order into the computer.
6. Transport specimen to the laboratory.
7. Notify provider of results when available.

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