



Department of Nursing POLICY AND PROCEDURE

POLICY NUMBER: 250
VERSION: 1

SUBJECT: SLIT LAMP CHIN REST

PURPOSE: To provide a protocol for the cleaning and disinfection of the Slit lamp Chin Rest and Tonometer Lens and equipment.

POLICY: All ophthalmology equipment will be disinfected or cleaned between patients. Staff will observe Universal Precautions when working with all patients and equipment.

DEFINITIONS (IF APPLICABLE)

1. Cleaning: the removal of all foreign material from objects
2. Disinfection: a process that eliminates many or all pathogenic microorganisms from an inanimate object.

PROCEDURE:

Cleaning of tonometer prism lens

1. **Before** and **after** a patient is examined using the tonometer:
 - a. Perform hand hygiene
 - b. Don clean gloves
 - c. Remove prism lens from Tonometer
 - d. Rinse prism lens in tap water
 - e. Wipe prism lens clean with a cotton swab (DO NOT USE PAPER TOWELS)
2. Place the prism lens in a new sterile specimen container which contains a solution of 70% Isopropyl Alcohol and allow soaking for 5 to 10 minutes.
3. After prism lens has soaked for 5 to 10 minutes:
 - a. Perform hand hygiene
 - b. Don clean gloves
 - c. Remove prism lens from disinfecting solution
 - d. Rinse thoroughly in tap water
 - e. Dry with a cotton swab (DO NOT USE PAPER TOWELS)

POLICY NO: 250	SUBJECT: SLIT LAMP CHIN REST	Page 2 of 2
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4. Replace prism lens in tonometer.

Cleaning of slit lamp chin rest

1. Wipe clean after each patient use with a quaternary ammonium disinfecting wipe or solution (A-33, PDI HB Wipes). DO NOT USE BLEACH OR ALCOHOL.

REFERENCES:

Burton 825 Tonometer, Instruction Manual, 2001

www.CDC.gov

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