



Department of Pharmacy POLICY AND PROCEDURE

POLICY NUMBER: 936
VERSION: 1

SUBJECT: Outpatient Pharmacy- Dispensing Guidelines for Blood Glucose Meter Strips

PURPOSE:

To standardize the amount of blood glucose meter strips that is dispensed by HDRHC Pharmacy.

PROCEDURE:

The following chart shall be used as a guideline to determine the amount of strips that can be dispensed to each patient subgroup per month.

Patient sub-group	Dispensing Guidelines	Max # of Boxes/Month (50 strips per box)
Patients utilizing insulin treatment	Self-Monitored Blood Glucose (SMBG) meter and BID-QID testing strips	2
Newly-diagnosed Type II DM not utilizing insulin treatment	SMBG meter and BID-QID testing strips for the first month	2
Established Type II DM not on insulin with medication changes*	SMBG meter and BID-QID testing strips	2
Established Type II DM not on insulin with no medication changes	SMBG meter and up to once daily by patient or provider	1

*Medication changes should be interpreted as a change (new, D/C or dosage change) that affect hyperglycemic control.

Regardless of testing frequency, a maximum of 2 boxes (100 strips) month patient shall be dispensed.

Providers who wish to have more boxes dispensed to their patients than what is outlined in these guidelines shall fill out a prior authorization form for justification. This form shall be forwarded to DHS Pharmacy affairs for review.

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Attachments:

“Dispensing Guidelines: Self-Monitored Blood Glucose Meter Strips” Los Angeles County – Department of Health Services: Pharmacy Administration. March 2007.

Approved By: Romina Panoussi (PHARMACY SERVICES CHIEF II)	
Date: 06/10/2014	Original Date: 09/20/2012
Reviewed: 09/18/2015	Next Review Date: 06/10/2016
Supersedes:	