



Rancho Los Amigos National Rehabilitation Center
DEPARTMENT OF NURSING
PRE-OP HOLDING AREA/OUTPATIENT SURGICAL SERVICES
POLICY AND PROCEDURE

SUBJECT: OUTPATIENT SURGICAL PROCEDURES

Policy No.: POHD17
Supersedes: ALL
Revision Date: 06/15
Page: 1 of 3

Purpose of Procedure: To list surgical and invasive procedures which may be performed on an outpatient basis

Policy Statement: The following procedures may be performed on an outpatient basis.

1. **UROLOGY**
Circumcision
Retrograde Pyelogram
Bladder Biopsy
Litholapaxy
Meatoplasty
Urethral cutaneous fistula repair
Fulguration condyloma
Observation cystoscopy
Meatotomy
Vasectomy

2. **OPHTHALMOLOGY**
Repair of entropion or extropion
Examination under general anesthesia
Tarsorrhaphy
Xenon photocoagulation
Conjunctival biopsy
Cataract extraction with/without intraocular lens implant
Strabismus surgery

3. **OTOLARYNGOLOGY, HEAD AND NECK**
Nasoseptal reconstruction
Septoplasty
Rhinoplasty
Tracheostomy scar revision
Excision of head and neck cysts
Selected bronchoscopy - flexible/rigid
Myringotomy with/without insertion tubes
Laryngoscopy
Tonsillectomy and adenoidectomy

4. **STROKE**
Debridement of pressure areas
Incision and drainage of abscessed areas
Toe flexor releases done at metatarsal/phalangeal joints
Selected muscle biopsy
Change of cast under anesthesia

EFFECTIVE DATE: 06/2006
APPROVED BY: Practice Council

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5. **GASTROENTEROLOGY**
 - Esophagoscopy
 - Gastroscopy with/without biopsies
 - Duodenoscopy with/without biopsies
 - Liver biopsies - Mengheni needle
 - Colonoscopy – with/without biopsies
 - Flexible Sigmoidoscopy - diagnostic or with polyp removal if on a stalk and less than 2cm in diameter
 - PEG/J-TUBE PLACEMENT

6. **SPINAL INJURY**
 - Minor upper and lower extremity procedures including insertion and removal of pins and hardware
 - Tendo Achilles Lengthening
 - Carpal tunnel release
 - Halo application
 - Halo removal
 - Biopsy - pressure sores
 - Small wound debridement
 - Discography
 - Percutaneous discectomy
 - Facet/Epidural injection

7. **ORTHO DIABETES**
 - Nail ablation
 - Removal of superficial hardware
 - Tendon releases
 - Excision of Morton's neuroma
 - Carpal tunnel release

8. **CHILDREN'S ORTHOPEDIC**
 - Procedures requiring less than one hour of anesthesia time, such as, but not limited to pin removal, heelcord lengthening

9. **ARTHRITIS**
 - Carpal tunnel release
 - Arthroscopy
 - Bunionectomy
 - Small joint fusions (DIP, PIP joints)
 - Pin and hardware removal
 - Tarsal tunnel release

10. **ORTHO RECONSTRUCTION**
 - Carpal tunnel release
 - Arthroscopy
 - Bunionectomy
 - Small joint fusions (i.e., DIP, PIP joints)
 - Metal removal
 - Tarsal tunnel release

11. **PLASTIC SURGERY**
 - Blepharoplasty
 - Carpal tunnel release
 - Selected facial dermabrasion

Excision of small skin cancers
Rhytidectomy - facelift
Ganglionectomy
Augmentation mammoplasty
Small skin grafts
Selected scar revisions
Removal of tattoos
Miscellaneous minor procedures that can be completed in less than 12 hour

12. **GENERAL SURGERY**

Excisional biopsy skin
Band hemorrhoids
Suture removal
Fulguration of anal warts
Incision and drainage of abscess
Placement of Hickman/Broviac catheter
Breast biopsy
Inguinal hernia repair
Umbilical hernia repair
Lymph node biopsy
Laparoscopic Cholecystectomy

13. **GYNECOLOGY**

Dilatation and curettage
Laparoscopy
Examination under anesthesia
Cone biopsy of cervix
Ganglion blocks

14. **DENTAL**

Restoration of carious lesions
Extractions
Prophylaxis
Gingivectomy

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References:

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