



# Rancho Los Amigos National Rehabilitation Center

## DEPARTMENT OF NURSING

### SPECIAL PROCEDURES

### POLICY AND PROCEDURE

**SUBJECT: HEMORRHOID INJECTIONS**

**Policy No.:** SPL16  
**Supersedes:** ALL  
**Reviewed Date:** 12/2015  
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**Purpose of Procedure:** To provide appropriate care for patients having hemorrhoid injections.

**Physician's Order Required:** Yes

**Performed By:** RN

**Equipment:**

- Anal scope
- Gloves
- Lubricant
- Light source
- 4 x 4's
- 10cc syringe
- 5% Ethamolin or medication of MD=s choice for hemorrhoid injection

#### **Procedural Steps:**

1. Follow patient care standards for care of patient before, during, and after procedure.
2. See SGNA manual for Proctosigmoid rigid.
3. Position patient on gurney on the left side with knees flexed.  
**KEY POINT:** Positioning on left side facilitates visualization. If the patient is uncooperative or has severe cardiac arrhythmias this procedure is contradicted.
4. Explain to the patient the purpose of the test positioning and relaxation methods, approximate length of the procedure, and sensation the patient is likely to experience.
5. Observe for potential complications such as- perforation, bleeding, cardiac arrhythmias, and infection.  
**KEY POINT:** Notify MD if any of these potential complications occur.

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**Reviewed By:** Ma Theresa Herrero, RN

#### **References:**

SGNA Manual of Gastrointestinal Procedures 6<sup>th</sup> Edition  
" Manual of Gastrointestinal Procedures" 6<sup>th</sup> Edition

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09/03 – Reviewed  
02/07 – Reviewed  
02/10 – Reviewed  
11/12 – Reviewed  
12/15 - Reviewed