

**OLIVE VIEW-UCLA MEDICAL CENTER
DEPARTMENT OF EMERGENCY MEDICINE
POLICY & PROCEDURE**

**NUMBER: 3244
VERSION: 2**

SUBJECT/TITLE: **AFTERCARE INSTRUCTIONS**

POLICY: All patients will be given an Aftercare Instruction upon the completion of the visit in their preferred language when possible, prior to discharge.

PURPOSE: To provide guidelines for post medical care.

DEPARTMENTS: **DEPARTMENT OF EMERGENCY MEDICINE (DEM)**

DEFINITIONS: A set of instructions to patients for continued care.

PROCEDURE: Aftercare instructions should include the following but not limited to:

1. Discharge impression
2. Treatment rendered
3. Patient education material
4. Printed handouts given in preferred language
5. Recommended follow-up
6. Medication list
7. New medications
8. Printed prescriptions with instructions on administration
9. Future appointments
10. Future orders

Post patient instruction, the Aftercare Instruction form is signed by the patient to acknowledge the receipt of the instructions and understanding of them. The Aftercare Instruction form should also be signed by the provider. The patient is given a copy and the signed original stays with the DEM.

If the patient is unable to sign and/or comprehend the instructions; the instructions should be given to the person(s) who will be rendering the aftercare to the patient and that person should sign.

If a translator is used, he/she should sign as translator. Date and time should be documented at the time of discharge. Document if the patient left without receiving aftercare instructions.

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References:	
Approved by: Georgia Foot'e-Sam (Clinical Nurse Director II), Gregory Moran (Chief Physician), Joselin Escobar Duran (Assistant Hospital Administrator II), Paula Siler (Clinical Nurse Director III)	Date: 06/20/2017
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