

**OLIVE VIEW-UCLA MEDICAL CENTER
DEPARTMENT OF PATHOLOGY
POLICY & PROCEDURE**

**NUMBER: 1837
VERSION: 3**

SUBJECT/TITLE: SCM-16C 24-HOUR URINE COLLECTION

POLICY: Specimens for laboratory tests require proper collection in order to produce the correct results

PURPOSE: Guidelines for 24-hour collection of urine in English and Spanish

DEPARTMENT: PATHOLOGY

PROCEDURE:

When a patient arrives with a future order or a requisition form for a 24-hour urine test:

1. Verify the future order and/or requisition form
2. Check the test to determine the correct collection container (certain tests require special acid washed containers)
3. Ask patient if the collection procedure has been explained to him/her.
4. Attach sticker with the 'start and end' time to the container and explain again how to collect the urine. Give patient a copy of the collection instruction, if necessary. (English and Spanish instructions available)
5. The employee giving out the container must then initial the sticker.
6. Tell patient to return filled container to Phlebotomy, room 1A140, or Specimen Processing, room 1A127.
7. Instructions are available in Spanish if requested.

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**INSTRUCTION FOR 24 HOUR URINE COLLECTION
IMPORTANT INFORMATION**

For a valid test, it is very important that you follow all the directions carefully

Be sure you collect your specimen every time you have to urinate.

Do not drink any alcohol during the 24-hour period.

Keep stool and blood out of the urine.

WOMEN: If you are 'on your period' (menses), notify your physician.

PATIENT INSTRUCTION

1. To begin your 24-hour collection, urinate into the toilet. **DO NOT SAVE ANY OF THIS URINE.**
2. On your plastic collection jug label, write down the date and time you just urinated. For example: Started 1/20/17 at 8:00 AM.
3. From then on collect all your urine into the plastic jug provided. **DO NOT THROW OUT ANY URINE.**
4. This collection must include all urine during the next 24 hours (day and night).
5. Make your final urine collection the next day at the same time. On the collection jug label write down the date and time you just urinated. For example: Completed 1/21/17 at 8:00 AM
6. Keep urine refrigerated, **IF DIRECTED TO DO SO.**
7. Return the filled plastic collection jug as directed to the Laboratory, room 1A127, or to the blood drawing room, 1A140.

SUPPLY NEEDED
Plastic collection jug
Labels



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