

*VALLEYCARE*  
**OLIVE VIEW-UCLA MEDICAL CENTER/HEALTH CENTERS  
MEDICAL ADMINISTRATION  
POLICY & PROCEDURE**

**NUMBER: 3170  
VERSION: 1**

**SUBJECT/TITLE:   STANDARDIZED CHLAMYDIA SCREENING (NURSE VISIT)**

**POLICY:**       All females who present for a Nurse Visit in the Women’s or Family Planning Clinics will be assessed for eligibility for Chlamydia screening by a Registered Nurse (RN).

**PURPOSE:**     To enact a policy that allows Women’s Clinic RNs to assess eligibility for, and order, the appropriate Chlamydia screening test without a patient-specific physician’s order.

**DEPARTMENTS:**   **Medicine, Nursing**

**DEFINITIONS:**   Screening Test: A test completed to detect a disease in individuals without signs or symptoms of that disease.  
Chlamydia Test: Nucleic Acid Amplification Testing of urine (urethral) specimen.  
Sexually Active: Patient has had sex within the last year.

**PROCEDURE:**    1. All females who present for a Nurse Visit in the Women’s or Family Planning Clinics will be assessed for eligibility for Chlamydia screening.  
                    • Eligibility criteria: patient is 25 years of age or younger and sexually active.  
                    2. Clients meeting the Chlamydia testing eligibility criteria will be informed that a screening test for Chlamydia is recommended by the RN.  
                    3. The RN will document the client’s decision for Chlamydia testing.  
                    4. If the patient accepts the test, the RN will complete the order request and the patient’s urine specimen will be collected in the appropriate location.  
                    • Collection instructions: patient will wait until 2 hours from the last void before specimen collection; patient is not to wipe/clean the vulvar-vaginal area prior to specimen collection.  
                    5. If the patient declines the test, the nurse will document the patient’s declination on the “Pregnancy Test” or Women’s Revisit form in the medical record, the order will not be placed in the affinity and the patient will not receive instructions for Chlamydia specimen collection.  
                    6. Test result reporting and follow-up will be received/reviewed by the clinician.

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**REQUIREMENTS FOR CERTIFICATION OF STANDARDIZED PROCEDURE:**

**Education:** Completion of Registered Nurse (RN) Program

**Training:** Registered Nurse that has successfully completed orientation to this Standardized Procedure.

**Initial Evaluation:**

Eligibility of the RN in implementing this standardized procedure will be determined by:

- a) Clinical competency
- b) Ability to screen patients and provide education
- c) Attendance at an in-service that provided an explanation of the purpose, legal responsibility and implementation of this standardized procedure.

**Ongoing Evaluation:**

Shall be conducted annually by the Nurse Manager or designee.

References:	
Approved by: Carolyn Rhee (Chief Executive Officer), Dellone Pascascio (Chief Nursing Officer), Rima Matevosian (Chief Medical Officer)	Date: 07/19/2011
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