

**OLIVE VIEW-UCLA MEDICAL CENTER
POLICY & PROCEDURE**

**NUMBER: 11506
VERSION: 1**

SUBJECT/TITLE: CCT: CARDIAC MONITORING

POLICY: Cardiac Monitoring

PURPOSE: Cardiac monitoring is utilized to continuously monitor and assess the rate and rhythm of the patient's heart in order to detect any changes so that treatment may be provided according to protocols.

DEPARTMENTS: ALL

DEFINITIONS:

PROCEDURE: The Zoll Transport monitor is a battery powered cardiac monitor which will ensure that the patients' cardiac status will be monitored continuously while under the care of the CCT nurse. The unit does continuous self-testing, and will have an operational check done at the beginning of each shift. The monitor will be serviced as per manufacturer recommendation.

All patients who are being transported as a critical care patient shall be placed on the cardiac monitor, unless the physician has specific written orders contrary to this policy.

The purpose and procedure is to be explained to the patient in a calm and reassuring manner, while making sure the skin is prepared to ensure good lead contact.

Rhythm strips are to be taken at the initiation and completion of each transport, as well as every fifteen minutes during the transport. If the patient's condition or medication warrants, more frequent strips should be taken. If the transport is one of an extended duration due to distance, rhythm strips may be taken every thirty minutes if the initial and first subsequent strip show no change.

Each strip taken must be labeled with the patient's name and interpretation of the rhythm. Additional documentation, such as P-R and O-T intervals are encouraged. All strips are to be mounted, and all findings are to be documented on the patient chart.

The monitor leads and cable must be cleaned after each use. Cables must be cleaned after each use. The monitor leads must be checked for cracks and/or bare wires daily.

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References:	
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