OLIVE VIEW-UCLA MEDICAL CENTER POLICY & PROCEDURE

NUMBER: 224 VERSION: 3

SUBJECT/TITLE: ENTERAL NUTRITION - ROLE DELINEATION

- **POLICY:** All patients who need Enteral Nutrition (EN) will receive appropriate assessment, reassessment, and monitoring by the multi-disciplinary team. EN products are provided by Food and Nutrition Services upon receipt of a Physician's order. EN products are ordered and administered following Hazard Analysis Critical Control Point (HACCP) guidelines.
- **PURPOSE:** To ensure all staff understand their role in the care of patients receiving EN.
- **DEPARTMENTS:** All

PROCEDURE: <u>Physician</u>

- <u>I itysician</u>
 Orders enteral tub
 - Orders enteral tube feeding for patients who have a functional gastrointestinal tract, but are unable to orally meet their nutritional needs.
 - Specifies in the medical record:
 - ✓ Tube feeding bolus or Tube feeding continuous
 - \checkmark Name of enteral nutrition product
 - ✓ Rate of feeding
 - ✓ Feeding route (e.g., nasogastric, gastrostomy, jejunostomy, etc.)
 - \checkmark Amount of water flushes
 - ✓ Plan for advancement of feeding, including goal rate
 - Monitors patient lab values and medications and adjusts dose and or EN infusion schedule as appropriate.
 - Blue Dye FD&C Blue No. 1, Methylene blue or any other blue dye will not be permitted in enteral feedings, as recommended by the FDA due to the possibility of fatal complications.

Nursing

- Administers EN (including free water flushes) as ordered by physician.
- Follows hospital Enteral Nutrition Policy #1487 regarding positioning of patient, medication administration, clogged tubes and tolerance monitoring.

Registered Dietitian

- Assesses the nutritional needs of patients on EN, monitors tolerance, and efficacy of feeding, and documents in the medical record.
- Recommends EN formula, method of feeding (bolus, continuous, etc.),

SUBJECT/TITLE:	ENTERAL NUTRITION - ROLE DELINEATION
Policy Number:	224
Page Number:	2

infusion rate (including advancement as needed), free water flushes, and transition to oral diet as applicable.

- Assesses and documents the discharge needs of patients on nutrition support.
- Reviews the EN formulary annually and changes are approved by the P&T Committee.

Food and Nutrition Staff

- Orders and receives formula per Morrison Policy B008: Guidelines for Enteral Feedings and Nutrition Supplements Storage, Preparation and Delivery.
- Delivers enough formula to provide 24 hours of nutrition support to each nursing station during breakfast meal delivery.
- Tube feeding orders placed after breakfast are delivered or picked-up by nursing as needed.
- Will not send liquids (other than water) in response to requests for aid in unclogging feeding tube

References:

2017 Morrison Manual of Clinical Nutrition Management.

Bankhead R, Boutellata J, Brantely S, Corkins M, Guenter P, Krenitsky J, Lyman B, Metheny NA, Mueller, C, Robbins S, Wessel J; ASPEN Board of Directs. Enteral nutrition practice recommendations. *J Prenter Enteral Nutr.* 2009;33:122-167.

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