

VALLEYCARE
**OLIVE VIEW-UCLA MEDICAL CENTER/HEALTH CENTERS
REHABILITATION SERVICES
POLICY & PROCEDURE**

**NUMBER: 1756
VERSION: 2**

SUBJECT/TITLE: THERAPEUTIC ARTS AND CRAFTS GROUP PROGRAM IN PSYCHIATRY

POLICY: Occupational and Recreation Therapy staff provide a therapeutic arts and crafts group program for the inpatients in psychiatry.

PURPOSE: To assure staff are compliant with all safety guidelines and to make sure therapeutic arts and crafts activities are conducted in a safe manner for patients.

DEPARTMENTS: REHABILITATION SERVICES

DEFINITIONS: Therapeutic arts and crafts is a form of expressive therapy that uses a creative process of making art that benefits a person's physical, mental and emotional well-being.

PROCEDURE:

- I. Schedule:**
 1. The arts and craft program is scheduled Monday through Friday from 3:00 p.m. until 4:00 p.m. and it is held in Room 6D135.
 2. An alternate art program is periodically conducted in the Day Room to provide patients the opportunity to participate in team/social projects such as creating holiday banners.

- II. Safety Guidelines:**
 1. Patients are continually monitored during the entire arts and craft program with a minimum of two staff members present at all times.
 2. Only authorized staff may distribute art and craft supplies to patients, which are kept in locked storage cabinets.
 3. Blunt tip (child sized) scissors may be issued to only one patient at a time. Scissors are collected from the patient immediately after use.
 4. Under vigilant supervision, a patient may use a craft tool on the work bench. The tool is collected from the patient immediately after use.
 5. Patients may not remove their art projects or any art materials from the Arts and Crafts Room.
 6. Patients are ONLY permitted to take the following items back to their room:

SUBJECT/TITLE: THERAPEUTIC ARTS AND CRAFTS GROUP PROGRAM IN PSYCHIATRY

Policy Number: 1756

Page Number: 2

- Prison Pen
 - Crayola
 - Paper
 - Word search/puzzle
 - Magazines
 - Books
7. The digital audio machine (radio-CD player) is operated only by authorized staff.
 8. Patients are required to wear appropriate attire, including protective footwear.

III. Storage Requirements :

1. The following craft supplies are kept in a locked storage cabinet:
 - Scissors
 - String
 - Wire
 - Lanyard materials
 - Paint
 - Glitter
 - Art/craft kits
2. The following tools are kept in a separate locked cabinet above the workbench:
 - Hammers
 - Pliers
 - Screw drivers
 - Wood burner
 - Nails/screws
3. The patient's completed art/craft project(s) are stored in their personal locker until they are discharged from Olive View.

IV. Modalities may include but are not limited to the following:

1. Painting/drawing
2. Beading
3. Tile projects
4. Wood model projects
5. A selection of various craft kits
6. Clay sculpting
7. Lanyards

V. Other:

1. Adaptive devices will be offered to address the special needs of individuals with disabilities.
2. In addition to art and craft activities, patients have the option of

SUBJECT/TITLE: THERAPEUTIC ARTS AND CRAFTS GROUP PROGRAM IN PSYCHIATRY

Policy Number: 1756

Page Number: 3

reading and playing the guitar.

VI. Goals:

1. Assist patient in focusing externally on a purposeful activity rather than on internal stimuli.
2. Increase perceptual awareness (spatial relations, form constancy, and figure ground)
3. Increase awareness of leisure activities that can carry over after discharge
4. Increase attention span with step-by step instructions to complete a multi-step craft project.
5. Increase a sense of independence and a feeling of control.
6. Increase self-esteem and positive body image.
7. Increase problem-solving skills
8. Facilitate self-expression
9. Alleviate anxiety

References:	
Approved by: Joann York (Physical Therapy Chief I), Joe Keys (Assistant Hospital Administrator)	Date: 05/02/2014
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