

## Tube Feeding (TF) 411

### **Include in orders:**

1. Name of formula
2. Initial rate @ 20 mL/hr
3. Goal rate (increase 10-25 mL every 4-6 hr)
4. Free water flushes
5. Route of administration
6. Check gastric residuals every 4 hr
7. Hold TF for residuals >250 mL
8. Elevate head of bed 30-45 degrees

Nutrition notes are online:

Inpatient Progress Notes →

Nutrition Dietary Inpatient Progress Notes

### **Example order:**

*Initiate TF of Osmolite 1.2 Cal @ 20 mL/hr per NGT.  
Increase 15 mL every 6 hr to goal rate 80 mL/hr. Free  
water flushes of 30 mL every 4 hr per NGT.*

### **Contact at dietitian:**

- ❖ Weekdays – call x74224 or x74223
- ❖ Weekends – RD on pager. Call the Food & Nutrition Office for more information x74219



## **Oral and Enteral Nutrition Formulary**

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## OLIVE VIEW - UCLA MEDICAL CENTER – ORAL AND ENTERAL NUTRITION FORMULARY

Product Name	Nutrient Values per	Cal/mL	Calories	PRO (g)	Water (mL)	mL to meet 100% RDIs*	Osmolality (mOsm/kg H <sub>2</sub> O)	FAT (g)	CHO (g)	Fiber Source	Na (mg)	K (mg)	P (mg)	Flavors	Available Sizes
<b>ORAL SUPPLEMENTS</b>															
<b>Ensure<sup>®</sup> Original</b>	237 mL	1.06	250	9	196	948	630 (640 Choc.)	6	42	scFOS <sup>®</sup> (Choc. also has cocoa powder)	200 (190 Choc.)	370 (390 Choc.)	250	Vanilla, Chocolate, Strawberry	8 fl-oz bottle
	1 L		1055	38	827			25	177		844 (802 Choc.)	1561 (1645 Choc.)	1055		
<b>Ensure Enlive<sup>®</sup></b>	237 mL	1.5	350	20	180	946	820 (920 Choc.)	11	44 (45 Choc.)	scFOS <sup>®</sup> (Choc. also has cocoa powder)	240	560 (590 Choc.)	350	Vanilla, Chocolate, Strawberry	8 fl-oz bottle
	1 L		1477	84	760			46	186 (190 Choc.)		1013	2363 (2490 Choc.)	1477		
<b>Ensure<sup>™</sup> Clear</b>	200 mL	1.0	200	7	166	NA	700	0	43	NA	30	0	0	Apple, Mixed Berry	6.8-fl-oz tetra pak
<b>PediaSure<sup>®</sup></b>	237 mL	1.0	240	7	200	1000 / 1500 <sup>‡</sup>	490 (540 Choc.)	9	33	scFOS (Choc. also has cocoa powder)	90	350 (380 Choc.)	200	Vanilla, Chocolate, Strawberry	8-fl-oz can, 8-fl-oz bottle
	1 L		1000	30	844			38	139		380	1478 (1603 Choc.)	844		
<b>TUBE-FEEDING FORMULAS</b>															
<b>Glucerna<sup>®</sup> 1.2 Cal</b>	237 mL	1.2	285	14.2	192	1250	720	14.2	27.1	Soy fiber, oat fiber scFOS	265	480	190	Vanilla	8-fl-oz can, 1-L RTH
	1 L		1200	60	805			60	114.5		1110	2020	800		
<b>Jevity<sup>®</sup> 1 Cal</b>	237 mL	1.06	250	10.4	197	1321	300	8.2	36.5	Soy fiber	220	375	180	Unflavored	8-fl-oz can, 1-L RTH
	1 L		1060	44.3	835			34.7	154.7		930	1570	760		
<b>Nepro<sup>®</sup> with Carb Steady</b>	237 mL	1.8	425	19.1	172	944	745	22.7	37.9	scFOS, Fibersol <sup>®</sup>	250	250	170	Vanilla	8-fl-oz can, 1-L RTH
	1 L		1800	81	727			96	161		1060	1060	720		
<b>Osmolite<sup>®</sup> 1.2 Cal</b>	1 L	1.2	1200	55.5	820	1000	360	39.3	157.5	NA	1340	1810	1200	Unflavored	1-L RTH
<b>Promote<sup>®</sup></b>	1 L	1	1000	62.5	839	1321	340	26	130	NA	1000	1980	1200	Vanilla	1-L RTH
<b>TwoCal<sup>®</sup> HN</b>	237 mL	2.0	475	19.9	166	948	725	21.5	51.8	scFOS	345	580	250	Vanilla	8-fl-oz can, 1-L RTH
	1 L		2000	83.5	700			90.5	218.5		1450	2440	1050		
<b>Vital AF 1.2 Cal<sup>®</sup></b>	1 L	1.2	1200	75	811	1185	425	53.9	110.6	scFOS	1266	1688	844	Vanilla	1-L RTH
<b>MODULARS</b>															
<b>ProPass<sup>®</sup></b>	1 scoop (8 g) contains 30 Cal and 6 g protein.														

NA = Not applicable.

\*mL to meet 100% RDIs for key vitamins and minerals

Ensure Immune Health has been rebranded as Ensure Original and began transitioning to the new formulation in July 2014. When inventory of the old Ensure Immune Health product is depleted, customers placing orders will automatically receive the new Ensure Original product.

‡Ensure Plus and PediaSure began transitioning to the new formulation in June 2014. When inventory of the old Ensure Plus and PediaSure product is depleted, customers placing orders will automatically receive the new products.

‡Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 18 years of age in 1000 mL and for children 9-13 years of age in 1500 mL.

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