

**DEPARTMENT OF HEALTH SERVICES**  
**COUNTY OF LOS ANGELES****SUBJECT:** MAXIMAL STERILE BARRIER PRECAUTIONS**POLICY NO.** 335

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**PURPOSE::** To establish the practice of maximal sterile barrier precautions as a method of minimizing infection for central line insertion.

**SCOPE::** This policy applies to all healthcare workers who perform or assist with central line insertion.

**POLICY::** Central line placement using maximal sterile barrier precautions is an evidence-based practice in concert with the Centers for Disease Control and Prevention guidelines.

All central lines placed, with the exception of those placed during a code or dire emergency, shall be placed using maximal sterile barrier precautions. Maximal sterile barrier is defined as:

The use of all of the following equipment:

- Cap
- Mask
- Sterile gown
- Sterile gloves
- Large sterile drape

**CROSS REFERENCE::** DHS Policy 392.3, Hand Hygiene in Healthcare Settings-JCAHO Requirements

**REFERENCE::** O'Grady, NP et al, Guidelines for the Prevention of Intravascular Catheter-related Infections. Centers for Disease Control and Prevention, MMWR Recom Rep. 2002 Aug 9; 51 (RR-10): 1-29

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**EFFECTIVE DATE:** Jul 16, 2004

**SUPERCEDES:**

**APPROVED:** Signature on File

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