## NURSING CLINICAL STANDARD

## BURR HOLE WITH AN EXTERNAL DRAINAGE SYSTEM - ICU

PURPOSE: To outline the management of the patient requiring a burr hole with an external drainage system.

SUPPORTIVE DATA:

Burr hole with an external drainage system may be used in the treatment of subacute and chronic subdural hematomas. A small burr hole is made in the cranium through which a subdural catheter is placed into the subdural space. A closed external drainage system is then attached allowing the subdural hematoma to be drained by gravity. Dressings are changed by provider only.

ASSESSMENT:

- 1. Assess neurological status, signs/symptoms of increased intracranial pressure (ICP) a minimum of every 1 hour:
  - Level of consciousness
  - Equality of pupillary size and reaction
  - Headache
  - Nausea or vomiting
  - Motor/sensory function
- 2. Assess dressing and external drainage system a minimum of every 4 hours:
  - Color, consistency of drainage
  - Dressing clean, dry and intact
- 3. Assess drainage output a minimum of every 1 hour.
- 4. Assess for baseline PT/APTT results.

MAINTENANCE:

- 5. Maintain drainage bag below the head at all times.
- 6. Maintain head of bed as ordered.

SAFETY:

- 7. Keep drainage system free from bed siderails to reduce incidence of accidental removal.
- 8. Keep drainage system free of kinks.

**DISLODGEMENT:** 

9. Place sterile 4x4 over burr hole site.

DISCONNECTION:

- 10. Clamp subdural catheter.
- 11. Set up and reconnect new external drainage system.

REPORTABLE

**CONDITIONS:** 

- 12. Notify the provider for:
  - Change in neurological status, signs/symptoms of increased ICP
  - Dislodgement/disconnection
  - Change in color and consistency of drainage
  - Excessive drainage
  - Saturated dressing

PATIENT/ CAREGIVER EDUCATION:

- 13. Instruct on the following:
  - Purpose of burr hole and external drainage system
    Importance of maintaining HOB at prescribed level
  - Notification of nursing staff for:
    - Leak at burr hole site
    - Change in neurologic status
    - Dislodgement or disconnection

ADDITIONAL STANDARDS:

- 14. Refer to the following as indicated:
  - Immobility
  - Restraints

- Fall/Injury Prevention
- Pressure Injury Prevention and Management

DOCUMENTATION: 15. Document in accordance with documentation standards.

Initial date approved:	Reviewed and approved by:	Revision Date:
11/97	Professional Practice Committee	11/00, 03/05, 07/08, 3/15, 10/20
	Critical Care Committee	
	Nurse Executive Council	
	Attending Staff Association Executive	
	Committee	

## References:

McBride, W. (2018) Subdural hematoma in adults: Prognosis and management. Retrieved from Uptodate.