



RANCHO LOS AMIGOS NATIONAL REHABILITATION CENTER
Occupational Therapy and Recreation Therapy Department

POLICY AND PROCEDURE

SUBJECT: TREATING PATIENTS ON ISOLATION IN THE TREATMENT AREAS	Policy No.: 604.1 Revised: Jan 2020 Supersedes: December 2015 Page: 1 of 2
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PURPOSE:

To enable continuation of rehabilitation programs for patients who are on isolation.

POLICY:

Isolation procedures outlined below will be strictly followed when treating patients on isolation. Occupational Therapy and Recreation Therapy personnel will help enforce these procedures with patients, visitors and other staff.

PROCEDURE:

The following guidelines were established to allow patients, who though under isolation, to be treated in the OT or RT treatment area:

Observe universal precautions at all times. Wash hands before beginning treatment sessions.

A. Contact Precautions Isolation

1. Patient must be kept separated from other patients.
2. All wounds must be kept covered.
3. Staff must gown and glove.
4. Staff must work only with patient on isolation and not go from one patient to another.
5. Before leaving area to return patient to the unit, locate red sign in area to indicate that it is yet to be cleaned. After returning patient and disposing of gown, etc., apply clean gloves and disinfect equipment and furniture that patient came in contact with. Use a hospital approved disinfectant.
6. Wash hands after removing gloves.

7. Personal protective equipment when transporting patients (**refer IC Policy No. 103, page 3 and 4**).

B. Droplet Precautions Isolation

1. Staff must wear gown, gloves and mask.
2. Patients are confined to their rooms if airborne source cannot be controlled (e.g. by a Passy-Muir valve, red plug or a mask over the tracheostomy).
3. Wash hands.
4. Same as above

D. Airborne Precautions Isolation

1. A NIOSH approved N-95 respirators (mask) must be worn when entering the patient's room.
2. Whenever possible, treat in the patient's room.
3. Patients must wear a mask if they need to leave the room (i.e. surgical mask).
4. Wash hands.
5. Same as above

Dispose of biohazardous waste in red trash receptacle which is in the dirty utility room on the patient's unit.

Call Infection Control if you have any questions regarding a patient's isolation status.

Director, Occupational Therapy and Recreation Therapy Department